

MENTAL HEALTH & THE MUSLIM DIASPORA:
PROVIDING GUIDANCE THROUGH A CULTURAL LENS

CONFERENCE PRESENTERS



DR. FARHA ABBASI



DR. MEHWISH AQUEEL



DR. MUNTHER BARAKAT



**DUA A HAGGAG
MA, LPC**



DR. AHMED HASSAN



SHAYKH NOMAN HUSSAIN



DR. ASMA IQBAL



DR. SUZY ISMAIL



JANAN NAJEEB



**STEVE OHLY
RN, MSN**



DR. KAMEELAH RASHED



**IMAN SAYMEH
M.ED., MSW**



DR. AZHAR YUNUS

This program is part of our year long educational training on behavioral health

**JOIN US ON SEPTEMBER 16TH-17TH | FREE AND OPEN TO THE PUBLIC
BEST WESTERN PLUS MILWAUKEE AIRPORT HOTEL AND CONFERENCE CENTER; 5105 S HOWELL AVENUE, MILWAUKEE**

414.727.4900

staff@mmwconline.org **REGISTRATION REQUIRED**

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MEET OUR EMCEE

**Dr. Aishah
Aslam**

**VICE-PRESIDENT OF THE
MILWAUKEE MUSLIM WOMEN'S COALITION**

A board-certified cardiologist at Ascension St Joseph Hospital in Milwaukee, Fellow of the American College of Cardiology. Medical training and undergraduate degrees from Michigan State University and University of Michigan. She has performed medical mission work in refugee camps in Lesvos, Greece and Cox's Bazaar, Bangladesh and has a keen interest in global humanitarian relief efforts as well as healthcare accessibility here in America. She also has a passion for Muslim community development with a focus on youth programming and mental health.

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CONFERENCE SCHEDULE

SATURDAY, SEPTEMBER 16TH

8:30 AM - 9 AM

REGISTRATION/CONTINENTAL BREAKFAST

9AM - 9:15 AM

OPENING REMARKS

9:15AM - 10:15 AM

BECOMING A CULTURALLY COMPETENT CLINICIAN-MUSLIM AMERICANS
DR. MUNTHER BARAKAT

10:15 AM - 11:15 AM

THE EVOLUTION OF MUSLIM MENTAL HEALTHCARE IN AMERICA
DR. FARHA ABBASI

11:15 AM - 11:30 AM

BREAK

11:30 AM - 12:30 PM

UNTIL IT IS FACED: REFLECTION ON THE IMPACT OF ANTI-BLACK RACISM, ISLAMOPHOBIA AND WHITE SUPREMACY ON AMERICAN MUSLIM COMMUNITIES
DR. KAMEELAH MU'MIN RASHAD

12:30 PM - 1:30 PM

LUNCHEON KEYNOTE/SALAH/GUIDED RELAXATION
ISLAMIC APPROACH TO MENTAL ILLNESS
SHAYKH NOMAN HUSSAIN

1:30 PM - 2:30 PM

IMPROVING CULTURAL COMPETENCE IN WORKING WITH REFUGEE CLIENTS FROM COLLECTIVIST CULTURES
DR. SUZY ISMAIL

2:30 PM - 3:30 PM

BARRIERS AND MISCONCEPTIONS FOR ACCESSING CARE
DR. FARHA ABBASI, DR. MUNTHER BARAKAT, DR. ASMA IQBAL,
DR. KAMEELAH MU'MIN RASHAD, AND DR. AZHAR YUNUS

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CONFERENCE SCHEDULE

SUNDAY, SEPTEMBER 17TH

8:30 AM - 9 AM

ANNOUNCEMENTS/CONTINENTAL BREAKFAST

9AM - 10 AM

**FAITH-BASED PSYCHOEDUCATION PROGRAM FOR ADDICTION TREATMENT:
THE HARMONY BETWEEN SCIENCE AND RELIGION**
DR. AHMED HASSAN

10 AM - 11 AM

**SUCCESSFUL COLLABORATIONS BETWEEN CULTURALLY SPECIFIC
COMMUNITY ORGANIZATIONS AND MENTAL HEALTH SPECIALISTS**
STEVE OHLY, MSW AND JANAN NAJEEB, CEO, MMWC

11 AM - 11:15 AM

BREAK

11:15 AM - 12:15 PM

THE IMPACT OF MARITAL CONFLICT ON MENTAL AND SPIRITUAL WELL-BEING
IMAN SAYMEH, M.ED., MSW

12:15 PM - 1:15 PM

**LUNCHEON KEYNOTE/SALAH/GUIDED RELAXATION TACKLING DOMESTIC
VIOLENCE WITH THE QURAN AND SUNNAH**
SHAYKH NOMAN HUSSAIN

1:15 PM - 2:15 PM

LONELINESS OF YOUTH IN THE AGE OF CONNECTION
DUAA HAGGAG, MA,LPC

2:15 PM - 3:15 PM

OPEN FORUM; EXPERIENCES AND CONSIDERATIONS FROM CURRENT PRACTICE
**MEHWISH AQUEEL, LPC, DUAA HAGGAG ,LPC, DR. AHMED HASSAN,
SHAYKH NOMAN HUSSAIN, AND IMAN SAYMEH, MSW**

3:15 PM - 3:30 PM

CLOSING REMARKS

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