

Wisconsin's Opioid Crisis: A Trauma-Informed Response

March 8-9, 2018 | Crowne Plaza Milwaukee West

Day 1: Trauma-Informed Approaches and the Opioid Epidemic

Agenda

- 7:30 a.m.: Registration
- 8:30 a.m.: Opening Remarks
- 9:00 a.m.: Understanding Opioid Addiction
- 10:15 a.m.: Break
- 10:30 a.m.: Impact of Trauma
- 12:00 p.m.: Lunch (Provided)
- 1:00 p.m.: Trauma-Informed Care
- 2:15 p.m.: Break
- 2:30 p.m.: Vicarious Trauma, Self-Care
- 4:00 p.m.: End of Session

Objectives

Participants will:

- Understand the unique co-relation of opiate addiction and trauma.
- Understand the brain chemistry of opiate addiction.
- Understand the impact of trauma on the brain, body, and relationships.
- Understand the principles of trauma-informed care.
- Have an awareness of vicarious trauma for health professionals.
- Know how to apply self-care in stressful work environments.
- Gain knowledge of grounding and soothing techniques.

Presenter: Carol Ackley

Carol Ackley is a certified trainer of Dr. Stephanie Covington's trauma-informed curricula. Ackley has worked in the substance abuse field for over 25 years as a licensed alcohol and drug counselor in Minnesota. As the director of River Ridge in the Twin Cities for 16 years, she developed and implemented outpatient and residential substance abuse treatment services for adults as well as education services for adults and adolescents.



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Day 2: Exploring Trauma

Agenda

- 7:30 a.m.: Registration
- 8:30 a.m.: Opening Remarks
- 9:00 a.m.: Subject of Trauma
- 10:15 a.m.: Break
- 10:30 a.m.: Exploring Trauma
- 12:00 p.m.: Lunch (Provided)
- 1:00 p.m.: Thinking, Feeling, Acting
- 1:45 p.m.: Beyond Guilt, Shame, and Anger
- 2:15 p.m.: Break
- 2:30 p.m.: Healthy Relationships
- 3:15 p.m.: Love, Endings, Closings
- 4:00 p.m.: End of Session

Objectives

Participants will:

- Have a deeper understanding of the impact of trauma, abuse, and neglect on men's emotions, thoughts, and belief system.
- Understand the impact of male shame-based socialization on how men deal with relationships and conflict.
- Demonstrate strategies to address the issues discussed.

Presenter: Roberto Rodriquez, M.A.

Roberto Rodriquez is a certified trainer of Dr. Stephanie Covington's trauma-informed curricula. Rodriquez has worked in the substance abuse field for over 12 years. He is a licensed marriage and family therapist and a licensed alcohol and drug counselor. His focus is on providing transformative outpatient and residential treatment experiences for adolescents, men, couples, and families.



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