



# Carers Day

We would like to invite you to help us to have a think about how we can support you more.

## Topics to be discussed

Training  
Support Groups  
Activities

It's a bring and share lunch but we will provide the tea, coffee and biscuits.  
We look forward to seeing you!

12th October 2018 from 10:00am to 14:00pm  
The Kenn Centre, Exeter Road,  
Kennford, Exeter, EX6 7UE