

Compassion Fatigue
31st October 2018
Inspire Training Group

Course aims:

- To learn why Attachment difficulties provoke strong responses in Carers.
- To enable Carers to recognise their own responses to children with attachment difficulties
- To assist Carers in recognising and managing compassion fatigue/ blocked care.

About the Trainer:



Sarah Naish qualified as a social worker in 1991 and is a Therapeutic Parent of five adopted children. It is this experience that was applied to our successful therapeutic model within the fostering agency she previously owned, which she has since sold and set up Inspire Training Group. Sarah is also an author of therapeutic parenting books for parents and children. Sarah has also commissioned and funded research in to compassion fatigue in fostering with University of Bristol, and are now using their findings to help supports those facing compassion fatigue.