

Dear Headteacher,

SHEU School and Pupil Wellbeing Survey – Autumn 2024

We are pleased to invite your school to take part in the **free** Schools Health Education Unit (SHEU) survey, running in Autumn term 2024. The survey is open to all schools in Devon (excluding Plymouth and Torbay), with the purpose of understanding the experiences, behaviours, and perspectives of children and young people in relation to their health and wellbeing.

We know that children and young people's health and wellbeing can impact their ability to learn and participate in school, as well as affecting their quality of life and future. We therefore hope that gaining this insight will help you in understanding and supporting the specific needs arising within your school community, to enable your pupils to be at their best.

What are the benefits of taking part?

There are many benefits to taking part, including:

- Gaining insight into the experiences and needs of your pupils, and school environment and culture
- Planning and evaluating initiatives and programmes, and supporting curriculum planning
- Providing evidence for OFSTED inspections and informing school improvement plans
- Acknowledging and acting upon pupil voice

How does it work?

The survey questions have been developed by the Public Health team, subject experts, and SHEU. Years 4, 6, 8, 10, and 12 (in schools with post-16) complete the questionnaire in school, which usually takes about an hour. The survey is taken online, but paper copies can be arranged where there are accessibility needs.

Once the survey is complete and the data analysed, you will receive a report with anonymised data from your pupils. The report for your school is not shared publicly, nor are schools ranked. School reports are made available to the Public Health team to enable specific follow-up support and prioritisation of resources. The anonymised results from all participating schools will be combined at a county level and shared with Devon County Council and partners to help with planning workstreams and commissioning services.

More detailed information on the topics covered and the ask of schools can be found below, but please contact Harriet (harriet.kretowicz@devon.gov.uk) in the Public Health team if you have any questions.

We hope you will agree that this survey can provide valuable information to your school. If you would like to take part, please complete this form <https://forms.office.com/e/wWPi3X42gz>.

Yours faithfully,



Steve Brown
Director of Public Health & Communities
Devon County Council

SHEU Survey FAQs

What does the survey include?

The questions cover similar topics and are phrased using age appropriate language. The themes include:

Primary School	Secondary School
You and your home	You and your home
Nutrition	Nutrition
Being active	Being active
Oral health	Oral health
Sleep	Sleep
Alcohol, smoking & vaping, drugs	Alcohol, smoking & vaping, drugs
Worries and feelings	Emotional health and wellbeing
Puberty and growing up	Relationships and sexual health
Leisure time	Leisure time
Staying safe	Staying safe
School life	School life
	The future

What do we have to do?

- Sign-up using the form, and provide a named member of staff to liaise with SHEU.
- Familiarise yourself with the survey guidance and supervise completion of the survey.
- Identify the classes/year groups who will take part and advise parents of the survey using the template letter that will be provided. Parents will have the opportunity to withdraw their child if they want to, and questionnaire templates will be made available.
- Allocate 1 hour of time in the Autumn term to complete the questionnaire anonymously. It is better to complete in one go if possible, but can be split into two sessions if needed.
- Provide/explain the privacy notice to pupils participating. Pupils do not have to take part if they don't want to, and can leave out any questions they don't want to answer.

What do we get when we participate?

The questionnaires will be processed by SHEU and each participating school will receive their results and an individual school report summarising the data.

What support is available after completing the survey?

Public Health's Devon Schools Wellbeing Partnership (DSWP) and the School Nursing service can provide advice and support if needed after the survey.

Who can I contact for more information?

Please email Harriet in the Public Health team (harriet.kretowicz@devon.gov.uk) or Angela at SHEU (angela.balding@sheu.org.uk).