October Care Package

Harassment, Intimidation, & Bullying:
Preventative Classroom Behavior Supports

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Bite (5-10 minutes)

Option 1: Read Preventing Bullying: Guidelines for Administrators and Crisis Teams (NASP)

Discuss as a team or self-reflect:
- What roles do school staff play in preventing and addressing bullying?
- How can staff be more proactive and effective in their efforts?
- What are the key responsibilities of administrators and crisis teams in preventing and addressing bullying, according to the article?

Option 2: Read What Are Public Schools Required to Do When Students with Disabilities Are Bullied? (US DOE)

Discuss with your team or self-reflect:
- What roles do parents and educators play in preventing and addressing bullying of students with disabilities?
- How can parents and educators collaborate to create a safer and more inclusive school environment?

Snack (30 minutes)

Option 1: Review What Works – Harassment Bullying (California Safe and Supportive Schools)

Discuss with Your Team
- What are some "Quick Wins" staff can implement immediately?
- How can schoolwide policies and programs support a positive school climate and reduce incidents of harassment and bullying?
- What are effective conflict resolution techniques mentioned in the article you can implement?

Option 2: Read Bullying Prevention in Schools Starts with Social-Emotional Learning (Second Step)

Discuss with Your Team
- What steps can you take to promote SEL and bullying prevention in your school?
- Discuss the barriers of implementing SEL and how to overcome some of them.
- How can you encourage the larger school community to support SEL initiatives?

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Meal (90 minutes +)

Option 1: Watch & Discuss the Graduation Equity Webinar (YouTube)

Discussion Questions for Your Team
- How can you approach preventative classroom behavior supports through a systems lens?
- What needs to occur for universal behavior supports to be implemented with fidelity at a tier-one level in your building and/or district?

Option 2: Read Key Considerations for Bullying Prevention (NC2S.org)

Discussion Questions for Your Team
- What school policies and practices are currently in place to address bullying?
- What data is being, or could be, used to evaluate the effectiveness of implemented practices?
- How can these policies be improved based on the recommendations in the article?
- How do cultural and social factors influence bullying behaviors and prevention efforts?
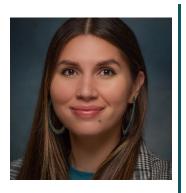
Buffet (180 minutes +)

Option 1: Review Modules on Creating a Safe and Respectful Environment in Our Nation's Classrooms

This training toolkit from the National Center on Safe Supportive Learning Environments is made up of two modules that address bullying in classrooms. Developed in collaboration with the U.S. Department of Education and Office of Safe and Supportive Schools to the American Institutes for Research (AIR), it is designed for trainers to assist teachers in cultivating meaningful relationships with students while creating a positive climate in the classroom.

Option 2: Read Supporting and Responding to Students' Social, Emotional, & Behavioral Needs: Evidence-Based Practices for Educators (PBIS)

This practice guide provides evidence-based practices for educators to address student social, emotional, and behavioral (SEB) needs. The strategies provided in this guide emphasize positive and proactive approaches to create supportive learning environments for all students.

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All students prepared for postsecondary pathways, careers, and civic engagement.

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