

Professional Development

Understanding Deep Culture

The Understanding Deep Culture module is presented by Swan Innovations LP and designed to help participants gain a comprehensive understanding of deep culture, which encompasses the intangible aspects of culture that profoundly shape our perceptions, values, behaviors, and worldviews. Participants will explore how culture influences brain development, the impact of cultural sensitivity periods, and practical steps to engage with and appreciate deep cultural elements. This training series runs from August 26, 2024, to December 2, 2024. Registration is free and clock hours will be provided. To register, visit the pdEnroller [registration page](#). For more information, please contact [Kelly Saavedra](#).

Health and Sexual Health Professional Development Trainings

Health and Sexual Health Education Program Trainings

The Health and Sexual Health Education Program at OSPI is holding the following two professional development training courses in Spring 2025:

Comprehensive Sexual Health Education Grounded in Disability Justice

Wednesday, March 26, 2025 | 3:30 pm–5:30 pm | Virtual | [Register here](#)

- This training is designed to provide a working application for the principles of Disability Justice and considerations for students with disabilities in the Comprehensive Sexual Health Education (CSHE) context. Participants will develop an understanding of systems of inequity using the 4 "I"s framework and investigate our individual experiences of ableism and other intersectional identities impacted by oppression. We will utilize case studies to unpack the learning considerations that come up for neurodivergent and disabled students in the CSHE learning environment and review common barriers and concerns of full inclusion and participation. Finally, we will practice addressing concerns from peers and families, and applying our new knowledge and frameworks in real time by looking at possible accommodations for current CSHE lesson materials.

Neurodiversity in Comprehensive Sexual Health Education- Using a Disability Justice Lens

Wednesday April 2, 2025 | 3:30 pm–5:30 pm | Virtual | [Register here](#)

- This training is intended to build upon the prior learning around implications for Disability Justice and Comprehensive Sexual Health Education (CSHE), with a particular focus on the neurodiversity movement and supporting neurodivergent students, including those with Autism, intellectual, and developmental disabilities. Participants will learn the history of the neurodiversity movement, implications for language, and particular intersections for consideration in CSHE. Finally, participants will have time to



reflect on and practice skills by applying this knowledge to current CSHE materials and making inclusive accommodations.

These training courses are free, and clock hours will be provided. For more information, please contact [Laurie Dils](#).

Cardea School-Based Support Services Training

Additionally, Cardea is holding a new workshop series about teaching sexual health education for educators working with students with disabilities. Content covered includes:

- disability rights history
- social vs medical model framings of disability
- Sins Invalid's disability justice framework
- student case studies
- common accommodations and modifications for curriculum materials
- neurodiversity and the history of the neurodiversity movement
- key considerations for making sexuality education accessible, relevant, and liberatory for neurodivergent students and those with physical or sensory impairments.

This cohort training series includes three live sessions, two eLearning modules, and asynchronous supplemental work. Participants will self-elect a Mid-Support or High-Support track to share knowledge and resources with peers serving similar student populations, with the Mid-Support track for those serving students with mid-range access needs and the High-Support track for those serving students with closer to total care needs. Educators should plan to choose the track that most closely reflects the students they serve or the areas in which they want to develop skills—check the dates below closely to ensure you can attend all scheduled sessions for your chosen track.

The dates for the sessions are:

- September 17, 2024, 3–5:30 PST Live Session I - Introductory
- October 8, 2024, 3–5:30 PST Live Session II – Mid-Support, Neurodiversity
- October 22, 2024, 3–5:30 PST Live Session II – High-Support, Neurodiversity
- November 12, 2024, 3–5:30 PST Live Session III – Mid-Support, Physical Impairments

The cost for the workshop is \$300 per educator. For more information, click on the [Inclusive Sex Ed: Planning for Equity & Accessibility flyer](#), visit the Cardea [website](#), or contact schoolsupport@cardeaservices.org

Adapted PE Pre-Conference Workshop -SHAPE Washington

October 17, 2024 | 9 am–4 pm | Pacific Lutheran University

During this workshop participants will engage in a variety of activities and discussions focused on the following topics:

- favorite adaptations for your lessons
- examples of UDL
- setting up your self-contained PE class
- experience a secondary inclusive PE class
- discuss current trends in Adapted PE
- Adapted PE Specialty Endorsement
- resources to take with you
- shifting the mindset from disability to ability
- time to connect and collaborate

The cost of this workshop is: Member price - \$100; Non-member price - \$120; Student member price - \$30; and Student non-member price - \$50. Visit the SHAPE Washington website to [register](#).

Designing Accessible Graduation Pathways for All Students

September 11, 2024 | 10 am–11:30 am | Virtual

Washington's graduation pathways have changed in the last few years to provide one diploma and a variety of ways to earn it. This month we're sharing what you'll need to know about graduation to keep the kids at your school on track for graduation and take a deeper look at Career and Technical Education (CTE) and ways to make it more accessible for all students. We will talk about course equivalencies, credit flexibility for CTE courses, and ways schools can award credits on transcripts. We'll be sharing with you lesson plans that can help CTE teachers increase inclusion and differentiate learning and talk through resources OSPI has developed in the Graduation Toolkit. Free Equity Clock Hours are available for participants.

Objectives:

- Understand a broad overview of college and career pathways options in Washington
- Get an introduction to credit flexibility and course equivalencies
- Learn about promising practices for inclusion into CTE classrooms for all students and scheduling transcription flexibility.
- Learn strategies and best practices for differentiation in CTE classrooms
- Get resources to help you get you started

Presenters:

- Candace Conroy, Director of K–12 Curriculum & Instruction, AGC Education Foundation

- Alexandra Toney, Program Improvement Supervisor, OSPI
- Maria Muto, Secondary Counseling Program Supervisor, OSPI
- Stanley Weaver, CTE Program Supervisor, OSPI
- Kefi Andersen, Assistant Director of Early Warning Systems, OSPI

To register, visit the Zoom [registration page](#). Questions on Clock Hours? Contact [Ronnie Larson](#).