

Professional Development

Sexual Health Education Professional Development Opportunities

[Break Down the Walls: Support Healthy Sexuality for LGBTQ People with I/DD](#)

March 19–20, 2024 | 8–11 am | Virtual

LGBTQ people with intellectual and developmental disabilities often feel invisible during sexuality education classes or when someone is supporting them around the topic of sexuality. This training is designed for professionals, self-advocates, and sexuality educators, to better support the LGBTQ people with intellectual and developmental disabilities they work with, care about or teach, either in a one-on-one or class setting. Offered by Elevatus.

[Comprehensive Sexual Health Education Grounded in Disability Justice](#)

April 1, 2024 | 3–5:30 pm | Virtual

Moving the conversation beyond “Are my disabled students sexually active?” to “How do I provide equitable sexuality education for my disabled and neurodivergent students?” This training includes an overview of the disability rights movement and major considerations to make sexuality education accessible for neurodivergent students and students with physical or sensory disabilities. Sponsored by OSPI, presented by Cardea, free with clock hours.

[Neurodiversity & Comprehensive Sexual Health Education](#)

April 3, 2024 | 3–5:30 pm | Virtual

Sponsored by OSPI, presented by Cardea, free with clock hrs.

This training is intended to build upon OSPI’s April 1 training around implications for Disability Justice and Comprehensive Sexual Health Education (CSHE), with a particular focus on the neurodiversity movement and supporting neurodivergent students, including those with Autism, intellectual, and developmental disabilities.

Please email [Laurie Dils](#) with any questions.

Two-Day Training with Dr. Ross Greene on Collaborative and Proactive Solutions

In these two-day trainings, Dr. Greene will provide an overview of the Collaborative and Proactive Solutions (CPS) Model, as an alternative to “discipline-as-usual” behavioral intervention strategies. The training also includes the nuances of assessment, engaging students in solving the problems that affect their lives, and strategies to reduce restraint and eliminate



isolation. The second day features time for questions, practice, and discussion. A total of 12 clock hours are available (6 Equity and 6 Special Education).

In Yakima: March 26 & 27, 2024, 8:30 am–3:30 pm both days

[Register for the Yakima Training](#) | [Link to the flyer](#)

In Tacoma: March 28 & 29, 2024, 8:30 am–3:30 pm both days

[Register for the Tacoma Training](#) | [Link to the flyer](#)

Virtual Livestream: March 28 & 29, 2024, 8:30 am–3:30 pm both days

[Register for the Livestream](#) | [Link to the flyer](#)

Please email [Emme Williamson](#) with questions.

Graduation Equity Webinar – Financial Literacy & Asset-based Engagement

March 13, 2024 | 10:00–11:30 am | Virtual

Personal finances impact our lives every day. We know that finances play an integral part in how we live our lives, how we relate to others, and the opportunities we have. How can we talk to students about finances? When is the best time? In this webinar we are bringing you Carly Urban, a leading researcher on financial education from Montana State University to share strategies for how students can avoid financial pitfalls, the impacts financial education has on students of color, and the role of course requirements. We also have a panel of financial education professionals to share how they're implementing financial education strategies in schools and with the community, including specific strategies for migrant and English learners, what it looks like in Auburn School District, and cultural shifts in how we talk about money and ways you can support a healthy relationship with finances. Free clock hours are available.

Presenters

- Carly Urban, Professor of Economics at Montana State University, Research Fellow at the Institute for Labor Economics
- Minda Michelle Mattox, Community Relations, South Seattle and South King County WSECU
- Julie DeBolt, Executive Director of Student Learning, Auburn School District
- Ashley McGirt, Founder and CEO, Therapy Fund Foundation

Register [here](#). For more information, contact [Kefi Anderson](#).

Mental Health Institute for Washington State Providers: Intellectual and Developmental Disabilities (IDD) Track

New Sessions Begin March 22–May 24, 2024 | Virtual

Join us starting March 22nd for our Intellectual Developmental Disabilities track for the Mental Health Institute for Washington State Providers. This track will provide between 20–25 hours of live teleconference workshops and will feature interactive teaching strategies like discussion boards, breakout rooms, and role plays for a collaborative learning environment. Lived experiences of affected individuals will be highlighted. Free Continuing Education credits are available as well.

Learning Objectives:

- Increase knowledge and skills in treating co-occurring mental health conditions among individuals with IDD, to increase clinicians' confidence in serving this population.
- Apply adaptations of commonly used therapeutic approaches including Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT) for individuals with IDD to aid them in processing information and behavioral strategies.
- Include voices of those with lived experience to improve care for historically underserved communities, highlighting the value and importance of serving this population.

Trainings include:

- Working with Clients with IDD and Mental Health Concerns: An Introduction (March 22)
- Weekly Clinical Skill Building Training Series (April 5–May 24)
 - Clinical Skills featured include Depression and Anxiety Treatment, Crisis Stabilization, Case Conceptualization, and MORE.
 - Completion of "Working with Clients with IDD and Mental Health Concerns: An Introduction" is required to participate.

Space is limited. For more information on how to register, visit the Intellectual and Developmental Disabilities Track website [here](#).

eLearning for Educators: An OSPI Inclusionary Practices Technical Assistance Network (IPTN) Partner

The [eLearning for Educators Project](#) offers affordable online courses in addition to no-cost mini-training modules and technical assistance trainings. Designed for busy educators, our online courses are offered asynchronously, available to all educators, and accepted by OSPI for certificate maintenance (clock hours). There are no registration deadlines. Register online via our [website](#) and you will have three months to complete the course and/or other offering. Questions? Contact us: [eLearning for Educators](#)

2024 ConnectEd Webinar Series

Join us for a series of conversations exploring ways that we can center equity and leverage community voice in service to joyful and thriving generations. Whether you're a teacher, instructional leader, or administrator, you'll come away with practical ideas and inspiration for creating more just learning communities.

March Webinar-Teacher Well-Being: The Heart of Effective Learning

March 14th | 4:30–5:30pm | Virtual

When teachers practice care for themselves, they are better able to show up for students in a sustainable and authentic manner. Join us for this interactive panel discussion about the importance of prioritizing teacher and teacher-leader well-being in order to ensure students are thriving. We'll think together about ways to prioritize well-being in our work and the role self-care plays in our work as teachers and leaders.

Presenters: Dr. Sylvia Bagley & teacher leaders.

This webinar series is free to attend. One OSPI clock hour is available for participation in each webinar for a \$15 administrative fee. The clock hour registration link will be made available through your webinar confirmation email and on the day of the webinar.

Register [here](#). Webinar information for April and May can be found on the ConnectEd [webpage](#).

Special Education Technology Center - Professional Development Update

Special Education Technology Center offers webinars that address technology tools and strategies to support inclusive learning environments. This month, there are many webinars on assistive technology, Universal Design for Learning (UDL), and accessible technology. Sign up for FREE webinars by logging into the SETC [website](#), selecting the title you are interested in, and proceeding with registration. Clock hours are available through [ESD 105](#) for a small fee.