

February Care Package

Easing Transitions



Washington Office of Superintendent of
PUBLIC INSTRUCTION

Bite (5-15 minutes)



Read the Edutopia article [Strategies That Help Students Manage Transitions | Edutopia](#)

Discuss with your team or self-reflect:

- Have you had any experiences using any of the techniques in the article? If so, which ones and how well do they work?
- Are there any techniques that you would consider implementing in your classroom or in your school? If yes, how?

Option 2: Foster Care

Watch the video [Removed](#) by Nathanael Matanick

Discuss with your team or self-reflect:

- How can teachers best support students in foster care who are struggling through transitions and trauma like the young girl in *Removed*?
- With all the transitions a foster care student goes through, how can schools best support their education?

Option 3: Institutional Education

Watch [Teenager's First Hours](#) in Juvenile Detention

Discuss with your team or self-reflect:

- What does it bring up to you?
- Does it change how you feel about their experience?

Option 4: Homeless

Read [Students Experiencing Homelessness](#)

Discuss with your team or self-reflect:

- Do you know where to find who your Homeless Education Liaison Link?
- How to best support a student transitioning to another school?

Snack (30 minutes)

Review the web page: [The Secret To Perfect Transitions In 5 Simple Steps Smart Classroom Management](#)

Discuss with your team or self-reflect:

- Did you learn anything new from this resource? If so, what?
- If you already use any of the techniques addressed in the resource share with your group which ones, how they work for you and any modifications you have made.



Washington Office of Superintendent of
PUBLIC INSTRUCTION

- Are there any strategies you use that are not listed in this resource. If so, share with the group what strategies and how they work for you.
- Are there strategies in this resource that could be implemented school wide? If so, which ones and how might you go about implementing?
- Is your school promoting the strategies listed in this resource? If yes, how and are they successful?
- For strategies that may not be as successful as you would like what could be done to improve them?

Option 2: Special Education

Read: [Promoting Successful Transitions for Students with Disabilities](#)

Discuss with your team or self-reflect:

- Does your school have a plan to support students?
- Is there anything you might add to what you might already be incorporating at your school?

Option 3: Foster Care

Visit the [OSPI Foster Care Education](#) website

Discuss with your team or self-reflect:

- How can you find out who the Foster Care Liaison and Building Points of Contact are for your district?
- Where are state laws pertaining to foster care students are located?
- Where can you find the Non-Regulatory Guidance: Ensuring Education Stability for Children in Foster Care by the U.S. Department of Education?
- What are the 3 main toolkits available to school districts and Foster Care Liaisons?
- Where can you find the Transition Toolkit for students in foster care?

Institutional Education: Review OSPI Website and find out who is the educational advocate for your school district

Meal (90 minutes +)



Watch & Discuss the February Graduation Equity Webinar

Easing Transitions with Rashad Norris: We all go through transitions, and they can be some of the most challenging times of our lives. We know that changing schools is a particularly stressful time. We want to share with you some strategies to make transitions more comfortable so you can offer timely support that sets the groundwork for a sense of inclusion and belonging. We're bringing you Rashad Norris, to help outline the system supports you can have in place and a panel representing



various student groups to share with you strategies that are particularly helpful for those student groups. Free Clock Hours are available.

Discuss with your team or self-reflect:

- How can you approach transitions through a systems lens?
- What needs to occur for transitions to be implemented positively?

Option 2: Read - Why transitions are the key to an effective classroom & how to improve

Discussion with your team or self-reflect:

- Did you learn anything new from this resource? If so, what?
- If you already use any of the techniques addressed in the resource share with your group which ones, how they work for you and any modifications you have made.
- Are there any strategies you use that are not listed in this resource. If so, share with the group what strategies and how they work for you.
- Are there strategies in this resource that could be implemented school wide? If so, which ones and how might you go about implementing?
- Is your school promoting the strategies listed in this resource? If yes, how and are they successful?
- For strategies that may not be as successful as you would like what could be done to improve them?

Option 3: Foster Care

Read - Serving Students in Foster Care: Implications and Interventions for School Counselors

Discussion with your team or self-reflect:

- What is one takeaway you have from this article?
- What interventions do you have in place to support students in foster care?
- When foster care students transition into your school during a school year, how can you ensure the student feels a part of the school community?
- Is your staff trained in trauma responses? If not, how can you make that a priority?

Option 4: Institutional Education

Read - Serving Students in Foster Care: Implications and Interventions for School Counselors

Discussion with your team or self-reflect:

- What is one takeaway you have from this article?
- What interventions do you have in place to support students in foster care?
- When foster care students transition into your school during a school year, how can you ensure the student feels a part of the school community?
- Is your staff trained in trauma responses? If not, how can you make that a priority?



Review: [New statewide funding available through the Washington Youth & Families Fund](#)

Work with your colleagues in your school/district to look at funding available and develop a plan for your school.

Buffet (180 minutes +)

Review the video: [Secondary Transition Planning – The Basics](#)

Discuss with your team or self-reflect:

- Did you learn anything new from this training video? If so, what?
- Do you know what resources are available in your state to support young people to transition to adulthood?
- Are there any strategies you use that are not covered in this training video. If so, share with the group what strategies and how they work for you.
- Are there strategies in this training that could be implemented school wide? If so, which ones and how might you go about implementing?
- Is your school promoting the strategies listed in the paper? If yes, how and are they successful?
- For strategies that may not be as successful as you would like what could be done to improve them?

Option 2: Foster Care

Read the book [Student Mobility: Creating an Environment for Social and Academic Success](#) by Jane Stagem

While reading the book, consider the questions posed around current practice in your school and/or school district. Use the questions and templates to do an evaluation of your programs to determine how to create effective transitioning and school support systems for students with high mobility.

Option 3: Institutional Education

Read [Effects of Parental Incarceration on Young Children](#) and the effects children/student experience when they have incarcerated parents.

Option 4: Homeless

Watch: [Serving Native American Students Experiencing Homelessness](#) and discuss with your team or self-reflect on what's something new you've learned and what can be implemented in your plan.



Contact Us



[Annie Blackledge \(she/her\)](#)

Assistant Director, Policy & Equity

Office of System of School Improvement

Office of Superintendent of Public Instruction (OSPI)

