

# Become a Hope Navigator

## What is the Science of Hope?

"Hope is the belief the future will be better than today, and you play a role in making that future possible. Hope is not a wish. Hope allows us to identify valued goals, set the pathways to achieve these goals, and exert the willpower to make these goals possible."

-Dr. Chan Hellman-  
Professor & Hope Researcher  
University of Oklahoma

## What's the Opportunity?

An invitation for educator staff teams to learn about and apply the science of hope.

- Hope Navigator training
- Guided development of hope implementation project.
- Build connections with colleagues, coaches, and trainers through an ongoing, statewide hope Community of Practice.

## When is it?

- Training: Two 6 hour sessions on September 26 & 27 (virtual)
- Community of Practice: 1-2 hours per month (virtual)

## Interested?

Complete the statewide request for applications by 5PM 6/3/2022. Successful applicants will be notified by June 10, 2022.

To Apply: [google form](#)

Questions: [marlaina.simmons@kitsapstrong.org](mailto:marlaina.simmons@kitsapstrong.org)

## **OPPORTUNITY DESCRIPTION**

Kitsap Strong/Graduate Strong is working in collaboration with the Office of Superintendent of Public Instruction (OSPI) to support the development of a cohort of PK-12 educators and student-supporting organization leaders as Hope Navigators. Ongoing training and technical support will be provided through monthly Community of Practice (CoP) gatherings.

We are seeking teams interested in building their 'hope muscles' and developing a plan for implementation of hope principles in their respective settings. Kitsap/Graduate Strong staff and training contractors will provide a deep dive into the science of hope and the three core components of hope theory. The hope projects will be co-developed through learning surfaced during training, with project planning time included in the training hours. The hope projects will focus on culturally specific/relevant approaches that promote equitable outcomes for each and every student.

Each team of 4-6 people will be active contributors to the Learning Community, engaging in reflection and implementation. Team composition should include a diversity of roles within the school/organization. School teams must include a district staff person.

After the initial Hope Navigator training with Dr. Chan Hellman, we will provide consultation, coaching, and support to participating teams, as well as thought partnership in the development of hope projects for PK-12 students and families.

Funding is available from OSPI to support school teams, comprised of a minimum of 4 and maximum of 6 staff. Selected school teams will receive a stipend of at least \$5,000 to support the team's hope project work (supplies, sub costs). You will be invited to apply for the funds through an iGrant after your application is selected.

Applications must be submitted electronically (google form) by 5pm June 3rd, 2022. Sites will be selected based on greatest need (inequity, low income, HYS data on Adverse Childhood Experiences and other risk factors) and readiness to benefit.

## **ATTENDANCE COMMITMENT**

It is expected that all members of the designated team attend the virtual sessions. We recognize conflicts may occur and a team member may need to miss a session. Therefore, it is expected if someone from the team misses a session, they will connect with their group about the content that was missed. This will ensure all members are operating from the same level of understanding.