



# Measuring Hope in Northwest ESD 189

Year: 2021

Grade: 10

Sex: All

Number of Students Surveyed: 7,618

## Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

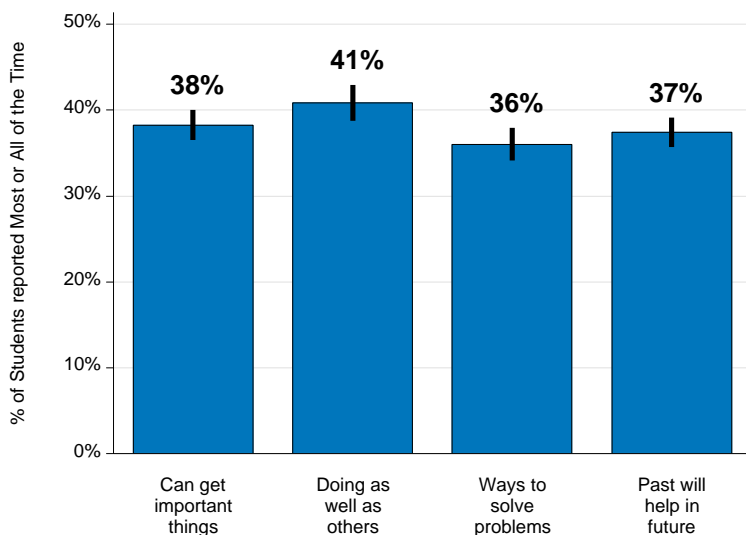
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

**Hope Scale Component  
Questions Grade 10, 2021**



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

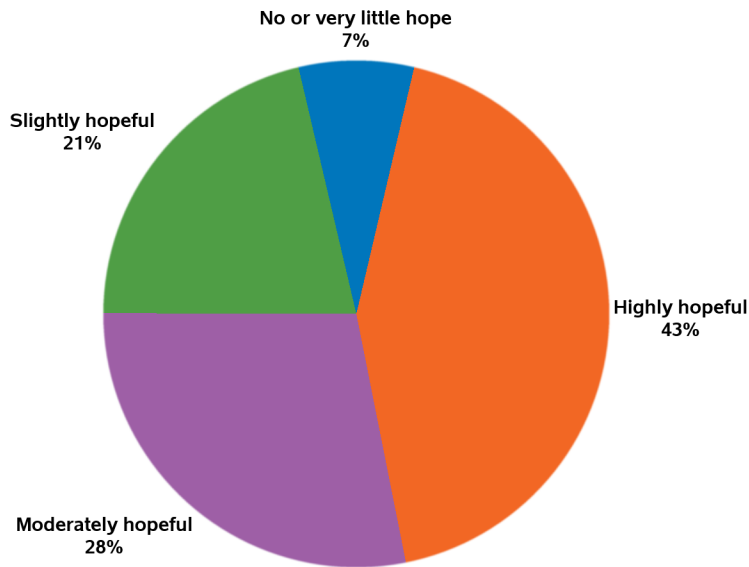
Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

### Agency Questions:

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

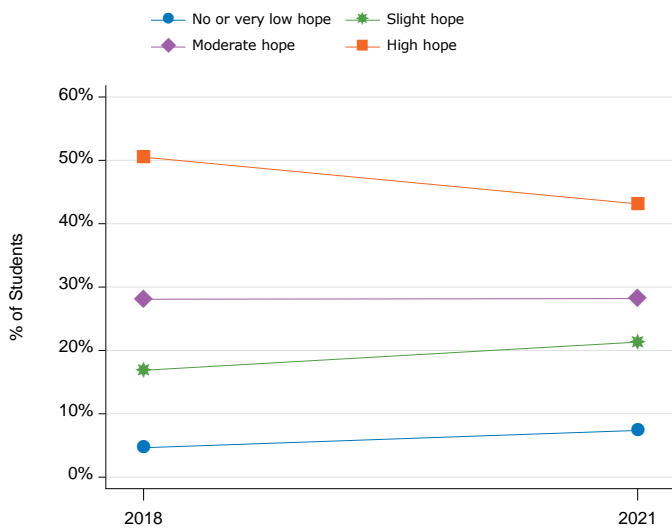
Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

### Levels of Hope Grade 10, 2021



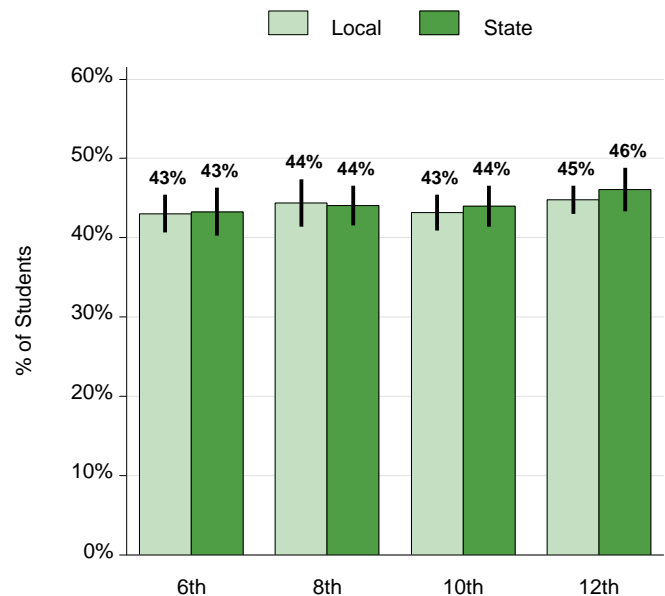
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2021, Grade 10



Prevalence	2018	2021
No or very low hope	5% ±1	7% ±1*
Slight hope	17% ±2	21% ±2*
Moderate hope	28% ±2	28% ±2
High hope	51% ±3	43% ±2*

### High Hope, All Grades, 2021

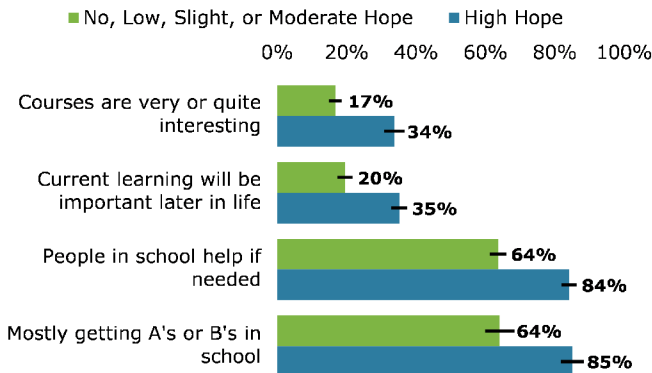


Prevalence	6th	8th	10th	12th
Local	43% ±2	44% ±3	43% ±2	45% ±2
State	43% ±3	44% ±2	44% ±3	46% ±3

# FACT SHEET

## Measuring Hope

### Statewide Relationships between High Hope, Grade 10



For 10<sup>th</sup> graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

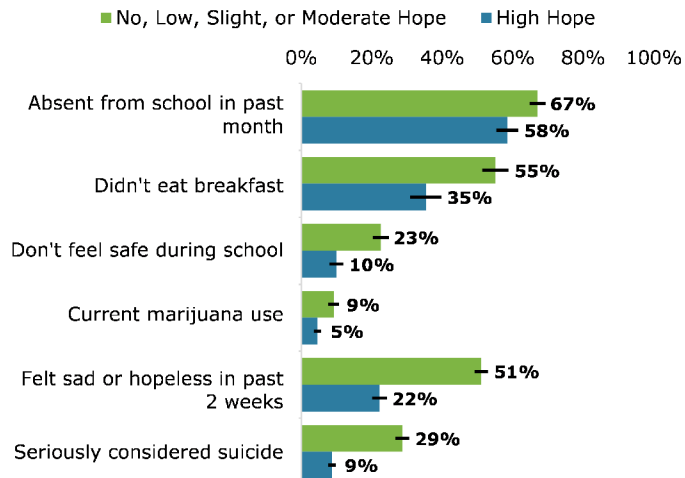
Compared to those with **lower levels of hope**.

For 10<sup>th</sup> graders statewide, those with **high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 10



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

#### missing codes

S = result suppressed due to insufficient reporting from students of schools;  
 N/G = grade not available; N/S = question was not surveyed this year;  
 N/A = question was not asked of this grade;

prevalence is displayed with 95% confidence intervals (as± or black bar | )  
 \*indicates a significant change from the previous year, <0.05

results generated at [www.askhys.net](http://www.askhys.net) on 03/20/2022



# Measuring Hope in Northwest ESD 189

Year: 2021

Grade: 12

Sex: All

Number of Students Surveyed: 5,741

## Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

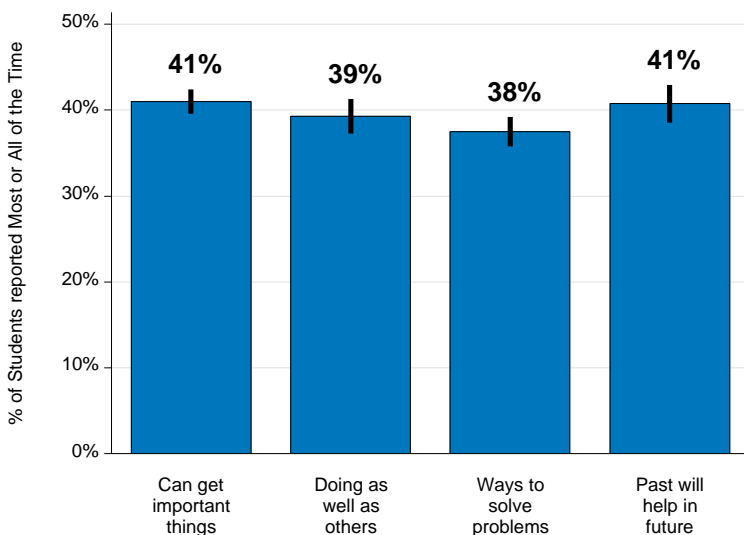
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

**Hope Scale Component  
Questions Grade 12, 2021**



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

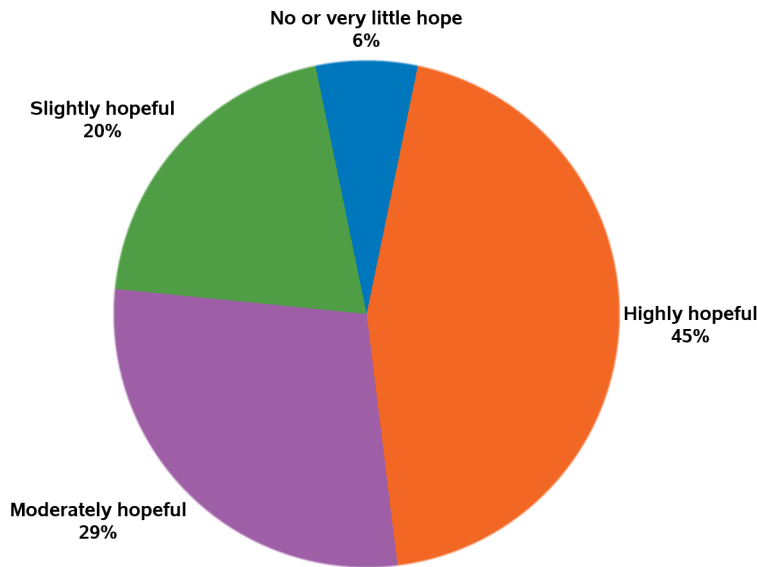
Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

### Agency Questions:

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

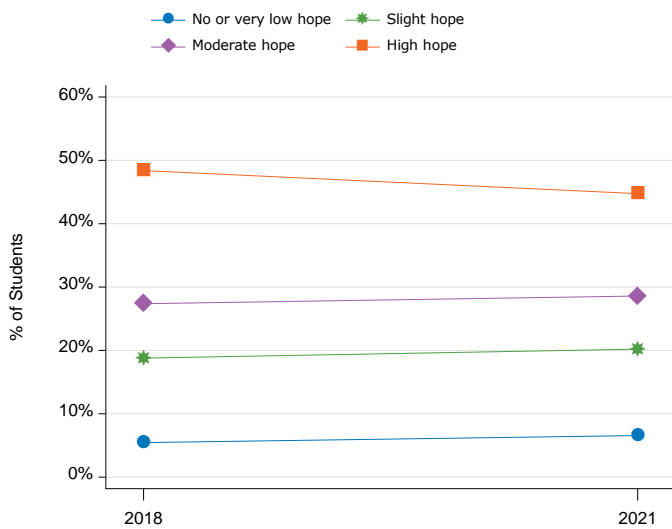
Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

### Levels of Hope Grade 12, 2021



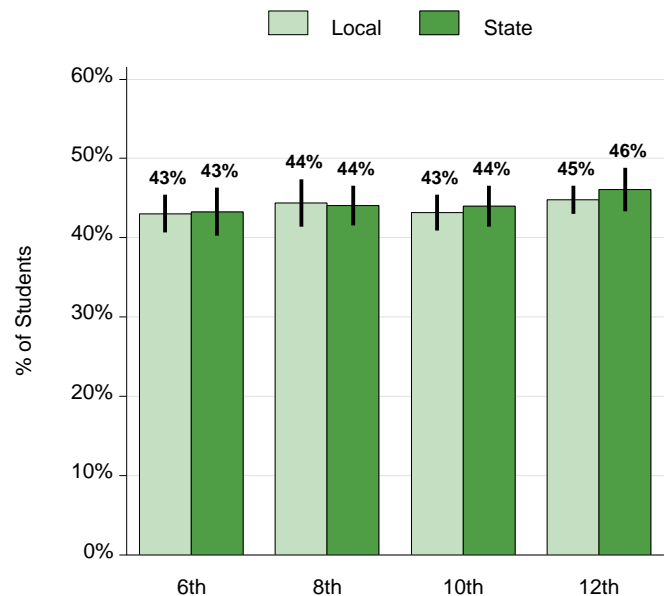
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2021, Grade 12



Prevalence	2018	2021
No or very low hope	5% ±1	6% ±1
Slight hope	19% ±2	20% ±2
Moderate hope	27% ±2	29% ±1
High hope	48% ±3	45% ±2*

### High Hope, All Grades, 2021

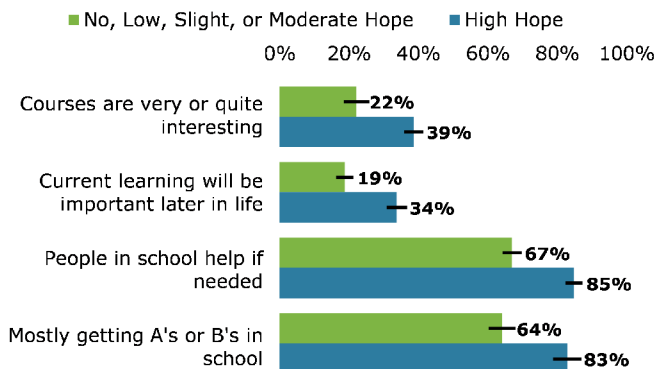


Prevalence	6th	8th	10th	12th
Local	43% ±2	44% ±3	43% ±2	45% ±2
State	43% ±3	44% ±2	44% ±3	46% ±3

# FACT SHEET

## Measuring Hope

### Statewide Relationships between High Hope, Grade 12



For 12<sup>th</sup> graders statewide, those with **high levels of hope** are:

- *More likely to find courses more interesting and helpful for their future*
- *More likely to think the things they are learning in school will be important later in life*
- *More likely to report having a person at schools that could help them if needed*
- *More likely to report getting high grades (A's or B's)*

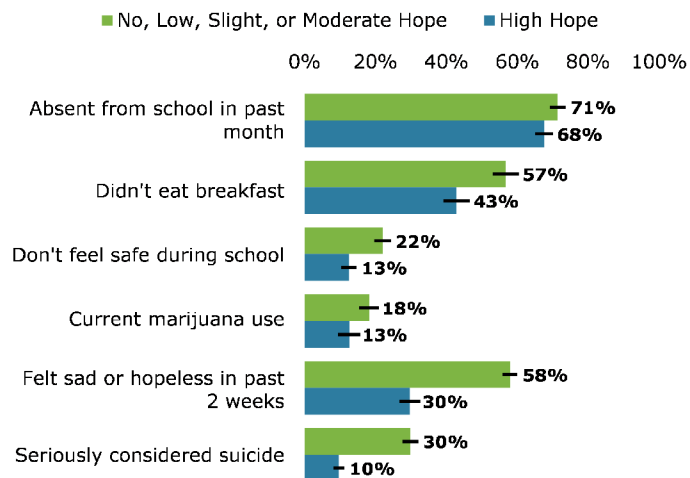
Compared to those with **lower levels of hope**.

For 12<sup>th</sup> graders statewide, those with **high levels of hope** are:

- *Less likely to be absent from school in the past month*
- *Less likely to not have eaten breakfast*
- *Less likely to not feel safe during school*
- *Less likely to use marijuana in the past 30 days*
- *Less likely to feel sad or hopeless*
- *Less likely to have seriously considered suicide in the past year*

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 12



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

#### missing codes

S = result suppressed due to insufficient reporting from students of schools;  
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results generated at [www.askhys.net](http://www.askhys.net) on 03/20/2022



# Measuring Hope in Northwest ESD 189

Year: 2021

Grade: 6

Sex: All

Number of Students Surveyed: 5,676

## Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

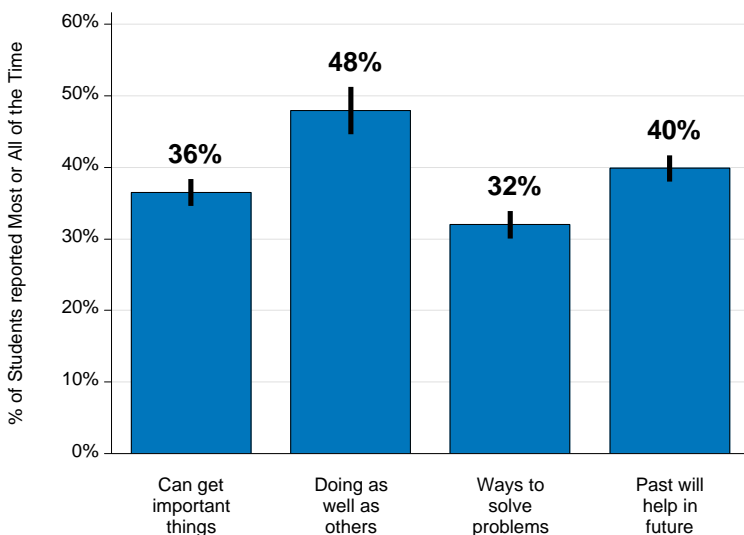
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

**Hope Scale Component  
Questions Grade 6, 2021**



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

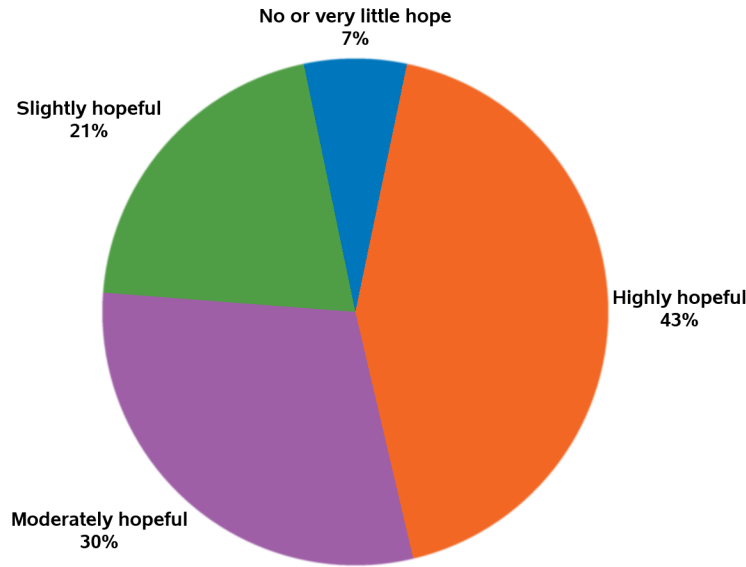
Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

### Agency Questions:

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

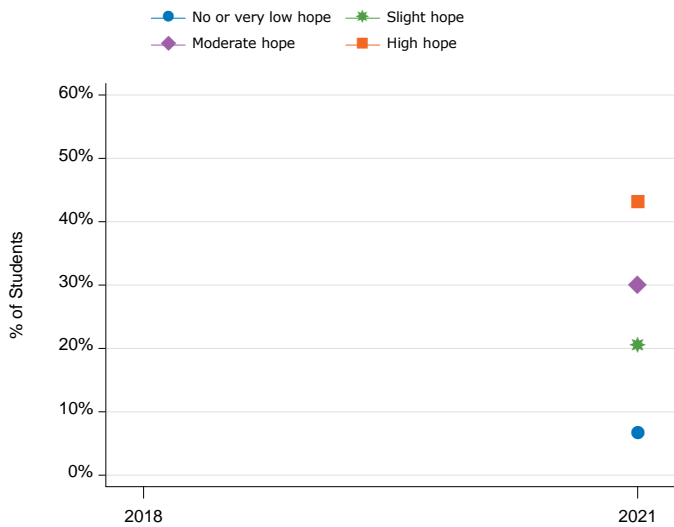
Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

### Levels of Hope Grade 6, 2021



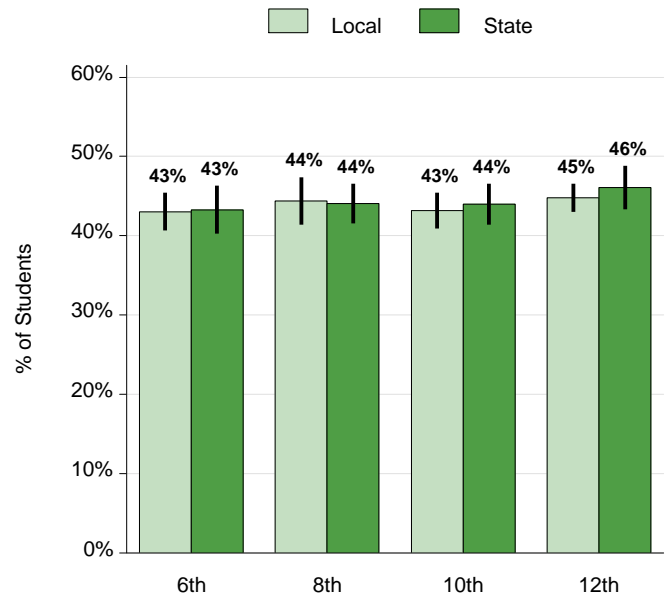
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2021, Grade 6



Prevalence	2018	2021
No or very low hope	N/A	7% ±1
Slight hope	N/A	21% ±2
Moderate hope	N/A	30% ±2
High hope	N/A	43% ±2

### High Hope, All Grades, 2021



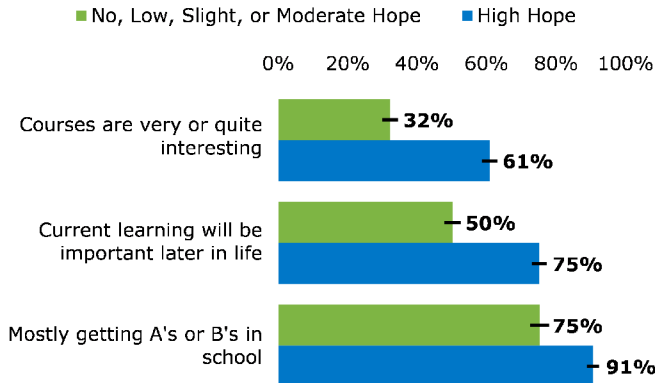
Prevalence	6th	8th	10th	12th
Local	43% ±2	44% ±3	43% ±2	45% ±2
State	43% ±3	44% ±2	44% ±3	46% ±3



# FACT SHEET

## Measuring Hope

### Statewide Relationships between High Hope, Grade 6



For 6<sup>th</sup> graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

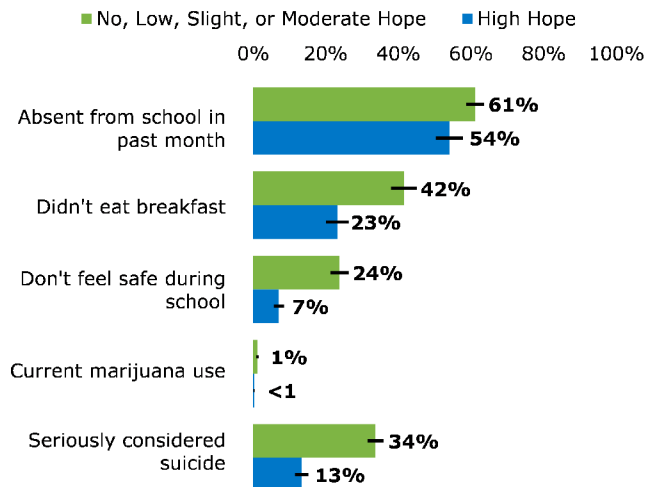
Compared to those with **lower levels of hope**.

For 6<sup>th</sup> graders statewide, those with **high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to have ever seriously thought about killing themselves

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 6



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

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# Measuring Hope in Northwest ESD 189

Year: 2021

Grade: 8

Sex: All

Number of Students Surveyed: 7,390

## Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

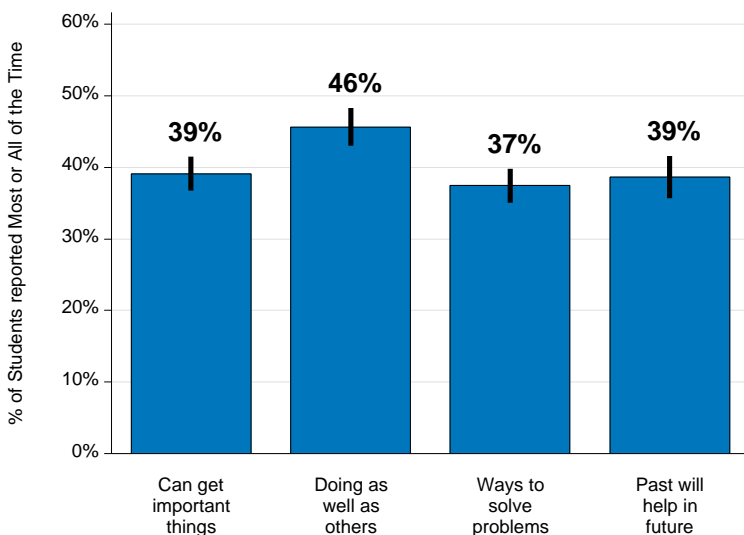
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- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

**Hope Scale Component  
Questions Grade 8, 2021**



### Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

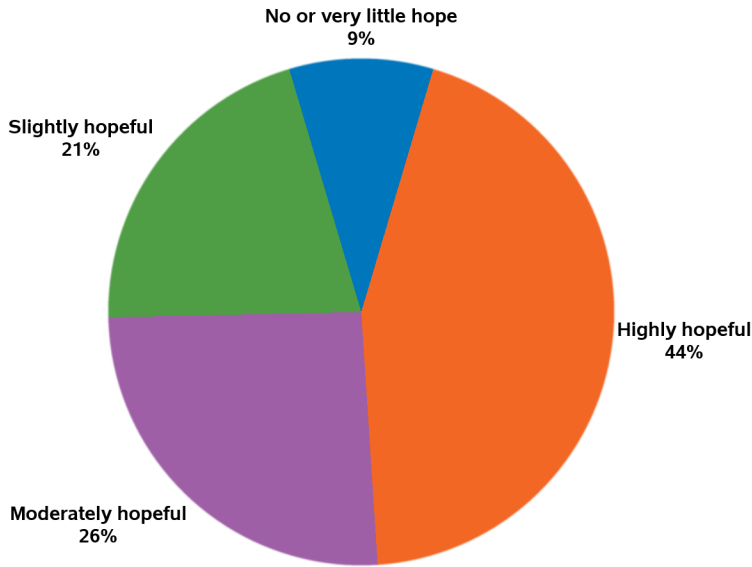
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### Agency Questions:

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

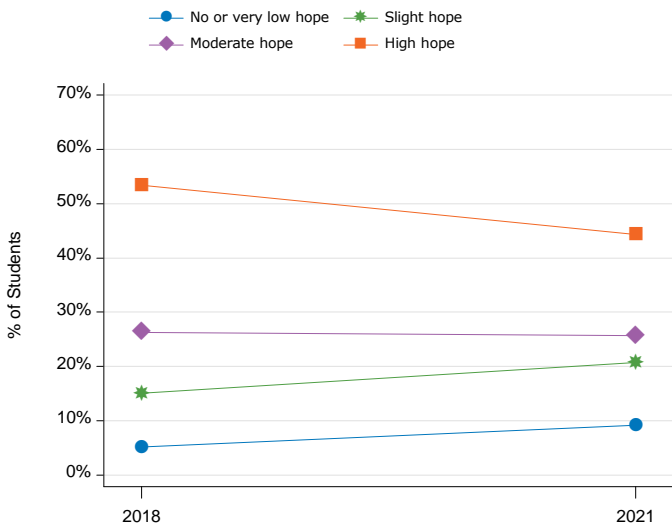
Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

### Levels of Hope Grade 8, 2021



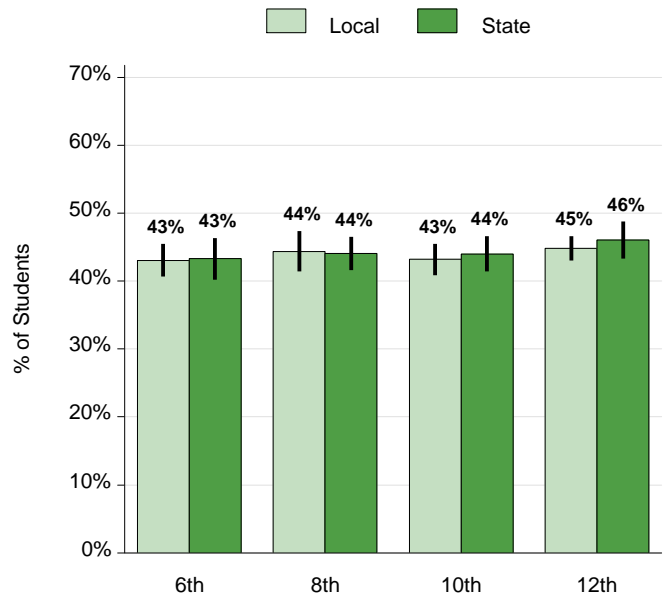
**Research** has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2021, Grade 8



Prevalence	2018	2021
No or very low hope	5% ±1	9% ±1*
Slight hope	15% ±2	21% ±1*
Moderate hope	26% ±1	26% ±1
High hope	53% ±2	44% ±3*

### High Hope, All Grades, 2021

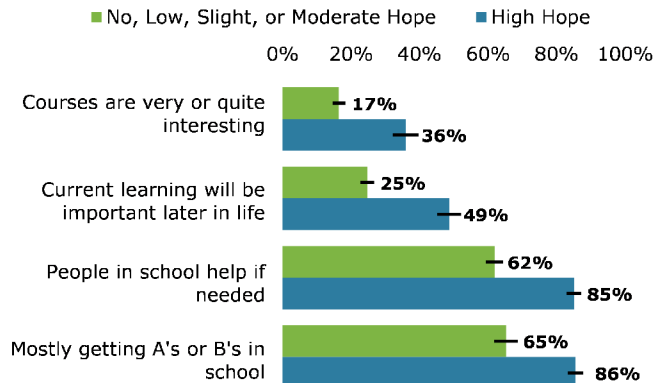


Prevalence	6th	8th	10th	12th
Local	43% ±2	44% ±3	43% ±2	45% ±2
State	43% ±3	44% ±2	44% ±3	46% ±3

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## Measuring Hope

### Statewide Relationships between High Hope, Grade 8



For 8<sup>th</sup> graders statewide, those with **high levels of hope** are:

- More likely to find courses interesting
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

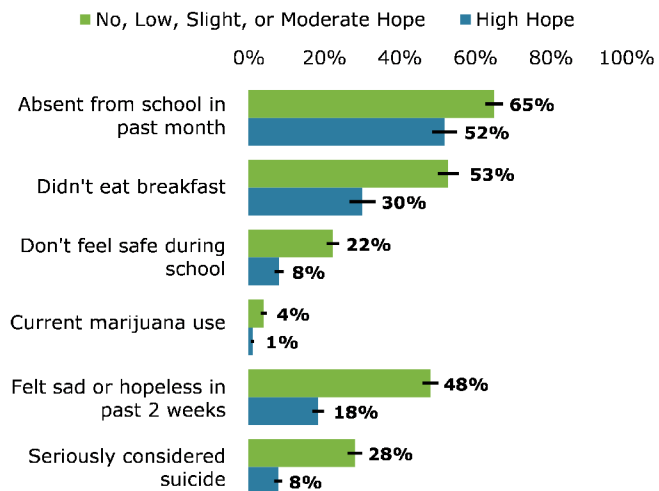
Compared to those with **lower levels of hope**.

For 8<sup>th</sup> graders statewide, those **with high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope**.

### Statewide Relationships between High Hope, Grade 8



## For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

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