

King County Department of Community and Human Services, Behavioral Health and Recovery Division

Youth Mental Health and Substance Use Disorder Next Day
Appointments (JW Rev 11 2023)

King County offers Next Day Appointments (NDAs) to youth and adults experiencing mental health (MH) and substance use disorder (SUD) crises who are not currently enrolled and/or engaged in publicly funded behavioral health treatment services. Crisis is defined by the youth and family. Appointments are funded in part by the MIDD Behavioral Health Sales Tax. Please see below for service details.

Substance Use Disorder Next Day Appointments (NDAs)	
Service description	 SUD biopsychosocial assessment (approximately 1.5 hours) to establish diagnosis and recommend placement in an appropriate ASAM Level of Care through Friends of Youth Buprenorphine induction within 24 hours, or walk-in referral for medications to treat opioid use disorders (MOUD). Follow-up by SUD NDA providers to ensure youth are enrolled in outpatient services (i.e., SUD or MOUD) within 5 business days of assessment, as appropriate. Provide connection to residential and long-term SUD treatment directly to the client ensuring that within 3 business days of the assessment, clinical documentation is sent to BHRD's Care Coordination team for review/approval of residential treatment services. Provide Medicaid-eligible individuals with assistance in obtaining benefits to quality for ongoing behavioral health and medical services.
Service format	□ Face-to-face in office □ Telehealth via video
Appointments available	10 appointments per week Monday-Friday 8am-5pm, excluding holidays
Scheduling	The practitioner, a parent, or the youth may call the Washington Recovery Helpline at 866.789.1511 to schedule an appointment. (Please note the referral source when possible.)
Additional eligibility	Open to youth ages 4-24 with or without Medicaid; not available for youth with private insurance as of 09 2023



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Mental Health Next Day Appointments (NDAs)	
Service description	 MH crisis screening, assessment, brief crisis intervention, and linkage to ongoing resources through YMCA Children's Crisis Outreach Response System (CCORS) team Services are provided to youth in the community Please note that Crisis Connections will screen for the most appropriate service, which may or not be an NDA, based on the information provided by the caller.
Service format	□ Face-to-face in the community □ Telehealth
Number available	Appointments available at 10am and 6pm Monday-Friday, excluding holidays
Scheduling	Family, youth, and school personnel may call Crisis Connections to schedule an appointment at 206.461.4222 or 866.427.4747. The caller should be prepared to explain the nature of the behavioral health crisis including severity, interventions attempted, and unmet needs.
Additional eligibility	Open to youth with or without Medicaid, and youth with private insurance

If you need more assistance accessing behavioral health treatment for youth in King County, please call the King County Client Services Line available Monday-Friday from 8-5pm at 206.263.8997.