

PROCLAMATION

WHEREAS, behavioral health is essential to everyone's overall well-being; and

WHEREAS, preventing and overcoming mental health issues and substance use disorders are essential to achieving a physically and emotionally healthy lifestyle; and

WHEREAS, prevention of mental health and substance use disorders works, treatment is effective, and recovery is possible; and

WHEREAS, recovery is a process, and people here in King County and everywhere do recover; and

WHEREAS, mental health and substance use disorders are common, with an estimated 450,000 people in King County affected by these conditions; and

WHEREAS, we encourage relatives and friends of people with mental health and/or substance use disorders to recognize the signs of a problem, implement preventive measures, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, we recognize four dimensions of recovery from mental health and substance use disorders: health, home, purpose, and community; and

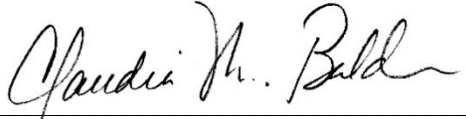
WHEREAS, to help more people achieve and sustain recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and King County government invite all residents of King County to participate in National Recovery Month;

NOW, THEREFORE, we, the Metropolitan King County Council, proclaim the month of September 2022 as

BEHAVIORAL HEALTH RECOVERY MONTH

in King County and call upon all residents to support or participate in appropriate programs, activities, and ceremonies with King County's Recovery Month tagline, "Every Person, Every Family, Every Community."

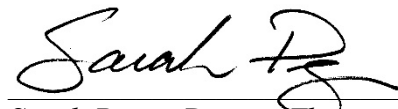
DATED this sixth day of September, 2022.



Claudia Balducci, District Six, Council Chair



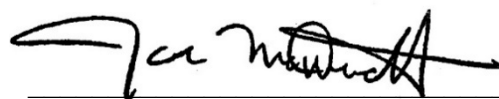
Rod Dembowski, District One



Sarah Perry, District Three



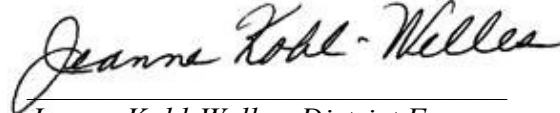
Dave Upthegrove, District Five, Council Vice Chair



Joe McDermott, District Eight



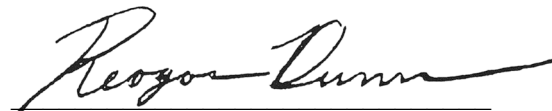
Girmay Zahiray, District Two, Council Vice Chair



Jeanne Kohl-Welles, District Four



Pete von Reichbauer, District Seven



Reagan Dunn, District Nine