

Do you know someone who needs support to isolate and quarantine from COVID-19?

Isolation and quarantine are important to help keep the community healthy by containing illness. It can also be hard, especially for those living with multiple family members with a vulnerable family member at home, residents in a group or shared living facility, elders who may not have support, or anyone who does not have a home. We help meet basic needs and provide care so people can recover and prevent the spread of the virus to those they live with and the community.

King County's Isolation and Quarantine services can help.

Support for staying in isolation or quarantine at home:

Services are available to provide support with basic needs to people in isolation or quarantine so that they can stay in the home. Services include, but not limited to, assistance getting food and medical supplies, laundry, mail pick-up, and dog walking.

Isolation and Quarantine Centers

King County has places for temporary isolation and quarantine for adults who need a safe place to isolate, quarantine and recover.

Examples: Anyone who has COVID-19 symptoms, or tested positive and cannot safely isolate away from household members who are more vulnerable (such as a family member 60 years and over or with a health condition), including:

- **Essential workers** with a vulnerable person at home, such as those in health care, first responders, grocery/retail, transportation, childcare, and warehousing.
- **People living in multigenerational households** who need to protect high-risk elders and family members
- **People in congregate living settings** where it is hard to separate, such as shelters, group homes, dormitory/roommate living
- **Travelers** needing to isolate on arrival or during a lengthy stay
- **People without permanent housing**

What to expect: Patients at a King County isolation, quarantine and recovery center receive:

- Meals provided by FareStart
- Regular medical check-ins
- Mental health support
- Snacks and toiletries
- Sanitized spaces, linens, towels
- Free transportation to and from the location
- 24/7 security
- Cable television and/or portable entertainment tablets

Who to call to get services: Call the King County COVID-19 call center at 206-477-3977 (8 am – 7 pm) to refer someone for isolation and quarantine services. Ask for an interpreter by stating the name of the language needed when an operator answers.

Learn more at: www.kingcounty.gov/depts/community-human-services/COVID.aspx