

## Scheduled Training

### Crucial Conversations (*In-Person Training*)

A crucial conversation is a discussion between two or more people where stakes are high, opinions vary, and emotions run strong. These conversations, when handled poorly or ignored, cause teams and organizations to get less-than-desirable results. This training will provide you with skills to handle controversial and heated issues. You will learn how to catch problems early and resolve disagreements candidly and respectfully. You will also learn how to discuss issues in a way that makes it safe for everyone to speak. This course is active and engaging, with frequent skills practice, intense class participation, personal reflection, planning and commitment.

#### 1. Date and timeframes: *\*Participants must be able to attend both days in-person for the entire time\**

- **Wednesday, Jan. 18, 2023, from 9 a.m. to 4:30 p.m.**
- **Thursday, Jan. 19, 2023, from 9 a.m. to 4:30 p.m.**
- **Location: Lakeland Village - 2320 South Salnave Road, Medical Lake, WA 99022**
- **Registration Information:**
  - [\*\*\(Registration Link\)\*\*](#)
  - 12 Continuing Education Units are available.
  - **Registration capacity is six seats for Residential Providers.** (*There will be additional participants from State Operated Community Residential and the Residential Habilitation Centers*)
  - After registration closes, registrants will receive additional information.

#### 2. Date and timeframes: *\*Participants must be able to attend both days in-person for the entire time\**

- **Wednesday, Feb. 22, 2023, from 9 a.m. to 4:30 p.m.**
- **Thursday, Feb. 23, 2023, from 9 a.m. to 4:30 p.m.**

- **Location: DDA Kent Training Academy: 20425 72nd S, Kent, Bldg. 2, Floor 4**
- **Registration Information:**
  - [\*\*\(Registration Link\)\*\*](#)
  - 12 Continuing Education Units are available.
  - Registration capacity is six seats for Residential Providers. (*There will be additional participants from SOCR and the RHCs*)
  - After registration closes, registrants will receive additional information.

*If you have any questions, please contact Robin Wiseman at [robin.wiseman@dshs.wa.gov!](mailto:robin.wiseman@dshs.wa.gov)*

## **2023 Train-the-Trainer Schedule (ALL Virtual)**

### **TTT 40 Hour CORE Virtual Academy Registration Links**

[\*\*Trainer: Service Alternatives Feb. 6 to 10\*\*](#)

[\*\*Trainer: Service Alternatives April 10 to 14\*\*](#)

### **Save the dates:**

**TTT 40 Hour CORE Registration Links for July – Dec. 2023 will be released after June 30, 2023**

**Trainer: Service Alternatives July 10 to 14**

**Trainer: Service Alternatives Sept. 11 to 15**

**Trainer: Service Alternatives Oct. 2 to 6**

**Trainer: Service Alternatives Dec. 4 to 8**

### **TTT Continuing Education (CE) Series Virtual Academy**

**Trainer: Puget Sound Regional Services Feb. 20 to 24, 2023 (9 a.m. to 4 p.m.)**

- [\*\*Beyond Mandated Reporting\*\*](#) [\*\*Feb. 20\*\*](#)

- [Intro to Dementia and I/DD](#) Feb. 21
- [Beyond First Aid](#) Feb. 22
- [Buzz on Adult Learners](#) Feb. 23 (9 a.m. to 12 p.m.)
- [Safety and Resilience Module 2 \(Peer Coaching\)](#) Feb. 23 (1 p.m. to 4 p.m.)
- [Peer Coaching](#) Feb. 24

**Trainer: Puget Sound Regional Services April 17 to 21, 2023 (9 a.m. to 4 p.m.)**

- [Beyond Mandated Reporting](#) April 17
- [Intro to Dementia and I/DD](#) April 18
- [Beyond First Aid](#) April 19
- [Buzz on Adult Learners](#) April 20 (9 a.m. to noon.)
- [Safety and Resilience Module 2 \(Peer Coaching\)](#) April 20 (1pm-4pm)
- [Peer Coaching](#) April 21

**Save the Dates for Future CE Series TTT Academies:**

**Trainer: Puget Sound Regional Services Aug. 21 to 25, 2023**

**Trainer: Puget Sound Regional Services Oct. 16 to 20, 2023**

**Trainer: Puget Sound Regional Services Dec. 4 to 8, 2023**

## **New: The Academy for Management Principles and Practices**

The Residential Training Unit is excited to announce the new Academy for Management Principles and Practices that will launch on **March 7, 2023**. There are three modules to this training: Fundamental Days, Combined Program Day and Program Days.

Residential providers are invited to attend the 2-day Fundamental Days Module. The other two modules are specifically designed for RHCs and SOCR programs. However, this will be the first training initiative offering a training module (Fundamental Days) to three provider audiences: RHCs, SOCR and Residential Providers. Please consider joining this dynamic training opportunity where you will meet and train with a diverse group of providers who face many of the same challenges faced by residential providers. With an increase in transitions for all providers, this will be an opportunity to collaborate in a way that improves the transition experience for all stakeholders, especially for those we support. This is the Fundamental Days Module schedule:

### **Fundamental Days Module:**

- Day 1: Tuesday, March 7, 2023, from 9 a.m. to 3 p.m.
- Day 2: Thursday, March 9, 2023, from 9 a.m. to 3 p.m.
  - [Registration Link](#)

<b>AMPP Fundamental Days</b>		
(These will be offered 2-3 times a year)		
<b>Day 1</b>		
<b>Module name:</b>	<b>Total Time:</b>	<b>Facilitator(s):</b>
Welcome DDA Guiding Values	9 a.m. – noon.	TBD Levi Luft
Lunch	noon – 1 p.m.	
Trauma-Informed Care	1 p.m. – 3 p.m.	Melanie Piperek
Transitions		Sarah Blanchette & Robin Wiseman
<b>Day 2</b>		
<b>Module name:</b>	<b>Total Time:</b>	<b>Facilitator(s):</b>
Welcome & Recap Supports vs. Restrictions	9 a.m. – noon	TBD Dr. Diaz
Organization and Prioritization		Jenna Thomas
Lunch	Noon – 1 p.m.	
Coaching Beyond Management	1 p.m. – 3 p.m.	Melanie Piperek & Robin Wiseman

## New: Curriculum Writing and Coaching

- Trainer: Sarah Blanchette
- Learn how to write your own curriculum and how to write curriculum with groups within your organization. Receive individualized coaching on curriculum you are developing (or planning to develop).

Monday, Feb. 13	1 to 4 p.m.	<a href="#">Zoom Link</a>
Monday, May 15	1 to 4 p.m.	<a href="#">Zoom Link</a>
Monday, Sept. 25	1 to 4 p.m.	<a href="#">Zoom Link</a>
Wednesday, Nov. 15	1 to 4 p.m.	<a href="#">Zoom Link</a>

## New: Modernizing Training Techniques

- Trainer: Sarah Blanchette

- The training classroom has changed forever. We are now navigating both virtual and the in-person classroom world. Sometime the classroom is either virtual or in-person. However, increasing these worlds are blending. Come learn training techniques to manage both worlds!

Wednesday, May 31      10 a.m. to 2 p.m.      [Zoom Link](#)

Wednesday, June 14      10 a.m. to 2 p.m.      [Zoom Link](#)

Wednesday, Sept. 27      10 a.m. to 2 p.m.      [Zoom Link](#)

## NEW: Introduction to Co-Occurring Conditions

- Trainer: Sarah Blanchette
- This is NOT a Train-the-Trainer course. This direct training introduces trainees to how to understand, empathize and work with individuals who have both a Mental Health Diagnosis and a Developmental Disability. This training incorporates Trauma Informed approaches to supports and services.

Wednesday, Feb. 22      10 a.m. to 2 p.m.      [Zoom Link](#)

Wednesday, May 24      10 a.m. to 2 p.m.      [Zoom Link](#)

Wednesday, June 28      10 a.m. to 2 p.m.      [Zoom Link](#)

Monday, Nov. 13      10 a.m. to 2 p.m.      [Zoom Link](#)

## Fun: Trainer Trivia

1. What city is called the "City of Lights"?
2. What is released in the body when you know the answer to a trivia question?
3. What is the Number 1 learning tool of C4LPT's 100 tools for learning?
4. Who is the most important person in determining whether employees use newly learned skills on the job?
5. What is the name of a single strand of spaghetti?
6. What is the last name of the artist who sang the best-selling Christmas single of all time? AND what was that song?

7. Who was the first American woman in space?
8. Who was the first "American Idol" winner?
9. Who is Rudolph's (the red nosed reindeer) father?

*The first residential provider (all staff eligible) to answer all 9 questions accurately (send your answers to [robin.wiseman@dshs.wa.gov](mailto:robin.wiseman@dshs.wa.gov)) will win a "surprise" and be recognized in the next edition of this statewide Training Communication.*