

OVERNIGHT PLANNED RESPITE SERVICE FOR ADULTS

Frequently Asked Questions (FAQ)

1. What are Overnight Planned Respite Services?

Overnight Planned Respite Services (OPRS) are authorized by DDA with the intent to provide short-term relief for the primary caregiver who lives with an adult client of DDA (age 18 or older). This out of home service provides person-centered supports, including planned activities for the individual in a certified setting in the community.

2. Where are Overnight Planned Respite Services located?

There are eleven (11) locations statewide where Overnight Planned Respite Services are provided:

- Two (2) in Spokane
- Two (2) in Bellingham
- Two (2) in Lynnwood
- One (1) in Shoreline
- One (1) in Tacoma
- Two (2) in Olympia
- One (1) in Vancouver

3. Who are the contracted providers for Overnight Planned Respite Services?

The Overnight Planned Respite Service providers are contracted with and certified by DDA:

- The Spokane programs are provided by The Arc of Spokane
- The Bellingham programs are provided by Holly Community Services
- The Lynnwood, Shoreline and Tacoma programs are provided by Service Alternatives
- The Olympia and Vancouver programs are provided by North West Supported Living

All direct support professionals are Long-term Care Workers who are trained and experienced in working with individuals with intellectual and developmental disabilities.

4. Can I visit the home prior to being approved for Overnight Planned Respite Services?

Yes. Visits can be arranged by [contacting the program manager](#) for your preferred location.

5. What services can an individual expect to receive in Overnight Planned Respite Services?

- Support in desired activities within the home and community
- Support with activities of daily living
- Appropriate staffing and supervision to meet the individuals health and safety needs

6. What are my responsibilities as a primary caregiver while the individual accesses Overnight Planned Respite Services?

- Review with the provider, prior to the scheduled respite dates, the Individualized Respite Agreement that outlines the specific supports and services the individual will receive while in the Overnight Planned Respite Service;
- Sign the agreed to Individualized Respite Agreement three (3) days prior to the start of the service. An email approval is acceptable if the provider is unable to obtain a signature;
- Arrange transportation for the individual to and from the respite location on the scheduled dates;
- Provide a backup caregiver to respond in an emergency if you are unavailable; and
- Complete an individual property inventory prior to the scheduled respite stay to account for the individuals personal belongings while accessing this service

7. How will the individual be transported to and from the respite home?

The primary caregiver, or their designee, will be required to drop off and pick up the individual on the scheduled respite dates.