

Confirmed COVID-19 Infection: Community Residential Containment Guidelines based on CDC/DOH direction

For individuals who have a **confirmed** COVID-19 infection:

1) ISOLATE THE INDIVIDUAL:

- a. If possible, isolate the individual who has been diagnosed with COVID-19 or who is exhibiting symptoms of the virus from housemates for at least **3 days (72 hours)** after fever subsides without fever-reducing medications, plus:
 - i. respiratory symptoms improve (e.g. cough, shortness of breath), and
 - ii. at least seven days have passed since symptoms first appeared
- b. In all cases, also follow the guidance of the person's healthcare provider, [local health jurisdiction](#) and the [CDC Guidelines](#)
- c. Have individual use a separate bathroom, if possible
- d. Encourage the individual to wear a mask and gown
- e. Staff should wear DOH-recommended PPE when working in the room of the infected individual (e.g. mask, goggles, gown, gloves)

2) QUARANTINE ALL INDIVIDUALS IN THE HOUSEHOLD:

- a. Instruct exposed staff and housemates to practice social distancing from third parties and the general public for 14 days
 - i. Eliminate community outings (work, social, shopping)
 - ii. Prohibit visitors
 - iii. In the event of a presumed case (test pending) with no confirmed cases in the home, the quarantine may be lifted immediately following a negative test result

3) STAFFING CONSIDERATIONS:

- a. Limit the number of staff working with the individual and in the household
- b. Avoid allowing staff who work in a household with potential exposure from working in other households
- c. Take special precautions for staff who are at greater risk of severe medical complications if they contract the disease

4) ENVIRONMENT:

- a. Increase cleaning and disinfecting of home, especially high contact areas such as door handles, light switches, TV remotes, faucet handles and toilet-flushing handles
- b. Prohibit visitors from the home to decrease risk of coronavirus transmission

5) MONITORING:

- a. Monitor all individuals in household for fever, cough and shortness of breath once per shift
- b. Immediately report any condition changes to health care provider
- c. Report to [local health jurisdiction](#) as appropriate
- d. Keep DDA apprised of the situation

DOH and the CDC were the primary sources of information for this instructional guide. Please use their following links as applicable:

- [DOH, Return to Work Guidance for Healthcare Workers and First Responders](#)
- [CDC Guidelines](#)