

DID YOU KNOW?

Learning about back-up caregivers and personal emergency response systems



Do you have a plan if your caregiver is not able to provide care?

Now is the time to make a plan. Contact your case manager if you need help. They can help you identify a home care agency or help find an individual provider.

- Identify a caregiver who could step in on short notice:
 - Family member
 - Friend
 - Neighbor
 - Member of church, club, or other social activity
 - An agency or individual provider from whom you currently receive services
- Create contact list
 - This is a list of people who are important such as your family, friends, doctor, or other providers. Include phone numbers and email addresses
- Share the plan with important people in your life

For some people, the plan might include the use of a personal emergency response system (PERS).

What is PERS?

PERS is an electronic device you wear to get in touch with people who can help you in the event of an emergency. There are a variety of PERS with features that might be helpful, including:

- Standard PERS can help contact emergency services simply by pressing a button if an emergency occurs.
- A fall detection system will contact emergency services if it detects you have fallen.
- A global positioning system tracking device with locator capabilities if you have memory loss, sometimes get lost, leave your residence, or wander away.
- Medication reminders help you remember to take medications.

Who can receive this service?

PERS is available to individuals enrolled in the Community First Choice Program.

How do I get this service?

Contact your case resource manager to see if you are enrolled in the Community First Choice Program, and to see if you are eligible for a personal emergency response system. Your case resource manager will discuss the eligibility requirements with you and help you request this service.

How do I find a provider?

Your case manager can provide you with a list of providers.

When can my provider start?

Your case resource manager will let you know when your new PERS can start.

What statutes, WACs, policies and management bulletins are applicable?

[388-106-0270](https://www.wa.gov/388-106-0270)