

# Person-Centered Thinking Workshop

## Free Training

### *Target Audience:*

Case Managers, Social Workers, CLC/I&A staff, HCRR staff, Community Residential & In-home Care providers, Centers for Independent Living (CILs), TBI professionals, healthcare providers, and others who serve older adults and persons of all ages with disabilities.

### *For more information and to register, contact:*

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## *Please join*

### **Workshop Description:**

This two-day workshop will give you practical person-centered thinking tools and skills needed to help people have more choice, direction and control in their lives.

### **What is Person-Centered Thinking?**

Person-Centered Thinking is based on the Essential Lifestyle Planning (ELP) approach. It's a tested and successful model of discovery and decision support assisting people with disabilities and chronic illness across the lifespan to communicate the supports they need to get the lives they want. This model assists people in gaining positive control over their lives.

### **Objectives:**

- Understand how to use person centered thinking skills to gather information that helps you have a deeper understanding of the people you support
- Understand how to organize and use the information you gather, and the deeper understanding you gain, so it informs your efforts to help people get the lives they value

*Participants in the two-day workshop will be awarded a certificate of attendance in person-centered thinking and counseling.*

*– Register early!*



Washington State  
Department of Social  
& Health Services

*Transforming lives*

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