



# Age- and Dementia-Friendly WASHINGTON

We want everyone to have a good quality of life as they grow older and to help older adults, including those living with memory loss, stay active and involved in their communities.



[CLICK  
HERE](#)  
for ASL  
video

## Join one of our virtual Community Forums for Action Planning

Please share your ideas with us – how can we make changes in our businesses, government, and communities to support this?

**Thursday, April 2**

10 am - 12 pm

**Who should attend:** General Public  
ASL/CART services available

**Thursday, April 9**

10 am - 12 pm

**Who should attend:** People living  
with memory loss or dementia

**Thursday, April 23**

1 pm - 3 pm

**Who should attend:** General Public  
ASL/CART services available

**Tuesday, April 28**

10 am - 12 pm

Session will be  
conducted in Spanish

**Thursday, April 30**

1 pm - 3 pm

**Who should attend:** Tribal  
community members



**Register ahead  
for these  
virtual forums**

<https://doh.wa.gov/age-and-dementia-friendly>