

Continuing Education (CE) Quiz – Summer 2026

The Washington Dental Commission allows up to one hour of self-study credit for reading this newsletter. To qualify, complete the quiz below and keep it with your other CE certificates. If you are audited, submit the completed quiz as proof of CE under [WAC 246-817-440\(5\)\(b\)\(i\)](#).

Completing this quiz counts as 30 minutes toward your CE requirement.

- 1. Which Commission member has a bibliographic profile on the National Institutes of Health?**
 - a. Dr. Srinivasa R. Chandra
 - b. McKinley Rainey
 - c. Dr. Rayna Strong
 - d. Dr. Minou Karbakhsch
- 2. What does WPHP stand for?**
 - a. Washington Patient Help Portal
 - b. Washington Physical Health Platform
 - c. Washington Physicians Health Program
- 3. Who may contact WPHP if they have concerns about a dentist's ability to practice safely due to a health concern?**
 - a. Anyone
 - b. Dental professionals
 - c. Patients receiving care
- 4. Any suspicious lesion that persists beyond _____ should be referred for further evaluation and possible biopsy.**
 - a. Six months
 - b. Two to three weeks
 - c. Three office visits
 - d. Four weeks
- 5. What we deeply know without saying: _____ and _____ sustain human life.**
 - a. Faith, respect
 - b. Love, community
 - c. Peace and neighbors
 - d. Professionals, public
- 6. Where does the QR code in HELMS take you?**
 - a. My HELMS profile
 - b. DOH dental website
 - c. Provider Credential Search
 - d. My certificate/license

Answers to the March 2026 Newsletter CE Quiz:

1. a, 2. c, 3. b, 4. b