

DRAFT

Code of Ethics and Professional Conduct

Certified Peer Specialists and Trainees

Introduction

This code of ethics applies to all Washington state certified peer specialists and peer specialist trainees, guiding their interactions with clients and their family members or other supportive individuals. These guidelines are intended to work in conjunction with the Ethical Practice of Peer Support Services rules found in WAC 246-929-210 and the regulations for the profession found in both RCW 18.420 and WAC 246-929.

Vision

Certified peer specialists and trainees shall provide services with a trauma-informed, person-centered approach. Their methodology should be recovery-orientated and relationship-focused, working only with clients who are voluntarily seeking services.

Code of Ethics

To maintain the highest ethical standards, certified peer specialists and certified peer specialist trainees should:

- Maintain high standards of professional competence and integrity while conducting themselves in a manner that fosters their own recovery.
- Respect the individual's right to choose their own methods of recovery and advocate for their clients to make their own decisions in all matters, including when interacting with other health care providers.
- Maintain the confidentiality of their clients when possible. Threats to harm themselves or others cannot be kept confidential.
- Share personal recovery stories and lived experience as a way of inspiring and supporting their clients to enhance their health, wellness, and recovery.
- Provide support for their clients through all stages of recovery.
- Support the full integration of individuals into the community of their choice. Individuals have the right to live in the least restrictive and least intrusive environment.
- Recognize any personal issues, behaviors, or conditions that may impact their own ability to provide care for their clients and take appropriate action.

The following guidelines should be followed to maintain professional conduct and clear, ethical boundaries between the peer and their clients:

- Do not discriminate on the basis of ethnicity, race, gender, sexual orientation, gender identity, gender expression, age, religion, national origin, marital status, political belief, disability, or any other preference or personal characteristic, condition, or state.
- Do not force their own values or beliefs onto the client.
- Never intimidate, coerce, threaten, harass, use undue influence, physical force or verbally abuse those they support.
- Do not make unwarranted promises of benefits.
- Do not accept gifts of value. Do not loan, donate, or borrow anything from each other, especially money.
- Never engage in any sexual or intimate activities with their clients for the family members of the clients.
- Do not provide services to individuals or families with whom the peer specialist has had a prior romantic or sexual relationship.
- Do not enter into dual relationships or commitments with clients. Do not hire clients for other jobs or offer to provide living accommodations.
- Do not perform services outside their area of training, expertise, competence, or scope of practice. Peers may not assess or diagnose the client's mental health or substance abuse disorder and may not make any medical diagnosis.

If you have questions or concerns about the practice of peer specialists or information about becoming a peer yourself, please visit the department's webpage at www.doh.wa.gov or call 360-236-4700.

