

D.S. Settlement Training for Foster Parents

The D.S. Settlement requires all foster parents to have training in trauma-informed care, LGBTQIA+, and cultural awareness. These new requirements will not take effect until the updated WAC Chapter 110-148 is live.

WAC 110-148-1375: Preservice, First Aid, Cardiopulmonary Resuscitation (CPR), and Bloodborne Pathogen (BBP) training

All caregivers complete:

- [Caregiver Core Training \(CCT\)](#) through the Alliance - 14.5 hours
- [First Aid and CPR](#)- 2.5 hours
- [Bloodborne Pathogens](#) through the Alliance- 1.5 hours
- [Mandatory Reporter](#) through the Alliance - 1.5 hours

Currently licensed foster parents will **not** be required to meet additional preservice training requirements when the updated WACs are live.

Total: 20 hours per caregiver

WAC 110-148-1380: In-service training

All licensed caregivers complete 10 hours of in-service training within the first 3-year licensing period. Currently licensed foster parents in their second or more licensing cycle must complete the following before the next renewal. These requirements only need to be met once.

Trauma-Informed: [Trust Based Relational Intervention \(TBRI\): Introduction and Overview](#)

- Instructor-led webinar.

LGBTQIA+: [Connecting: Sexual Orientation and Gender Identity and Expression Training for Caregivers and Kinship Providers](#)

- On-demand eLearning.

Cultural Awareness: [Parenting in Racially and Culturally Diverse Families](#)

- Instructor-led webinar.



Washington State Department of
CHILDREN, YOUTH & FAMILIES

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After the three training sessions, **Caregiver Coaching: Emerging Caregiver Needs** Coaching Session

- One-on-one 30-minute session to discuss what was learned from the 3 trainings.
- All foster parents may take one coaching session together, but each person needs to register with the Alliance to receive a certificate.

Total: 10 hours per caregiver

Substitute training opportunities can be completed through Child Placing Agencies (CPAs and Tribal CPAs).