

# ADAPT-HV Study Information

## What is the ADAPT-HV study?

The study is called Assessing and Describing Practice Transitions Among Evidence-Based Home Visiting Programs in Response to the COVID-19 Public Health Emergency (ADAPT-HV). The goal of the ADAPT-HV study is to identify and test adaptations to home visiting practices made by local implementing agencies in response to the COVID-19 pandemic that may have the potential to improve home visiting services in the future.

## How are local implementing agencies involved in the study?

The ADAPT-HV project is looking for agencies that modified their home visiting program practices during and after the public health emergency to participate in the study. To be eligible for participation, sites must currently be implementing one or more of the following types of practices:

- **Informal contacts:** Communications or exchanges of information between a home visitor and family (caregiver) that occur outside of what the agency and/or home visiting model defines as formal, scheduled communication.
- **Virtual child engagement:** Methods or approaches used by home visitors to promote and maintain child interest and involvement during virtual home visits.
- **Coaching:** Practices used by home visitors to support caregiver-led, child-directed skills or activities through verbal guidance or direction. This is in contrast to other approaches such as modeling strategies, in which the home visitor demonstrates skills or activities while families observe.

## What are study sites and their staff asked to do?

The study period will be about 7 months, likely beginning in early fall of 2024, and will involve a series of focus groups (each lasting between 60 and 90 minutes) with different participant groups (five with program staff, including administrators and home visitors, and two with families and caregivers) and completion of several short, online feedback forms by participating home visitors and family members/caregivers. Please see the ADAPT-HV Study Phases graphic for further details about expectations for site staff involvement and data collection.

## How will study sites benefit from participation?

All study sites will receive an honorarium of \$1,500 for participation in the study. Caregivers who participate in a focus group will receive an honorarium of \$40. ADAPT-HV study implementation will be tailored to each site's unique program practices. Study findings may help your site to define and more broadly and consistently implement a practice that your team is already familiar with. Collectively, findings from these studies aim to help improve future home visiting programming.

## Who is conducting the study?

The project is funded by the Health Resources and Services Administration in collaboration with the Administration for Children and Families, Office of Planning, Research, and Evaluation. The study is being conducted by The Policy & Research Group in partnership with Mathematica.

## How can I learn more about this opportunity?

Please contact Teresa Smith

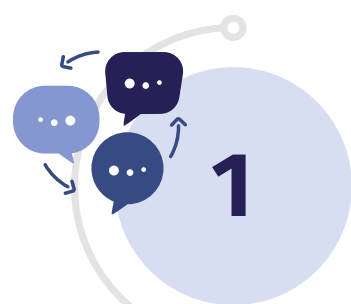
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# ADAPT-HV Study Phases

This study is designed to be dynamic – built around the practices and experiences at each study site.

Study sites will work with The Policy & Research Group and Mathematica to define the specific practice(s) the site is using (informal contacts, virtual child engagement, and/or coaching). The graphic below outlines the purpose, data collection activities, and time commitments for participants involved during each phase of the project.



## Co-Definition Phase (4 weeks)

Identify and define the strategy to be tested at your site

- Site Staff Focus Group 1: *What strategies does your site use?* (90 mins)
- Site Staff Focus Group 2: *What specific strategies does your site want to test and refine?* (90 mins)
- Family/Caregiver Focus Group 1: *Are families aware of and satisfied with the identified strategies?* (60 mins)



## Installation Phase (3–4 weeks)

Implement the strategy identified in Phase 1 during home visits

- Weekly Home Visitor online questionnaire: *How do home visitors experience strategy implementation?* (<10 mins each)
- Site Staff Focus Group 3: *Are there any refinements to the strategy we should make?* (60 mins)



## Refinement Phase (6–12 weeks)

Implement the *refined* strategy identified in Phase 2 during home visits

- Site Staff Focus Group 4: *Are there additional refinements to the strategy we should make?* (60 mins)
- Weekly Home Visitor online questionnaire: *How do home visitors experience refined strategy implementation?* (<10 mins each)
- Voluntary Family/Caregiver post-visit online questionnaire: *How did family members/caregivers experience strategy implementation?* (<2 mins)



## Summary Phase (4–8 weeks)

Reflect on the strategy refinements and lessons learned to promote family/caregiver engagement and satisfaction, and to enhance home visiting

- Site Staff Focus Group 5: *How do findings resonate with participating staff's experiences with strategy implementation?* (60 mins)
- Family and Caregiver Focus Group 2: *How did family members and caregivers experience strategy implementation?* (60 mins)