

Hospital-to-Home™ Replication Site 3-Day Training

Register at the link -

<https://forms.gle/5TiAekdpEozXkcxQ9>



The Hospital-to-Home™ Replication Site Training is an interdisciplinary 3-day training that instructs Early Support for Infants and Toddlers (ESIT) providers on supporting the specific mental health, feeding, and nutrition care needs of infants and caregivers transitioning from the Neonatal Intensive Care Unit (NICU) to home. While NICU infants are at high risk for feeding and growth concerns, their caregivers are also at significant risk of experiencing Perinatal Mood and Anxiety Disorders (PMADs). Research has shown that high-risk infants have better outcomes after transitioning out of the NICU when they receive quality therapy in the home shortly after discharge. This training helps build the capacity of the ESIT workforce to holistically support the hospital-to-home transition.

Following completion of the 3-day training, providers will have access to join a recurring ECHO group for case presentations, knowledge sharing, and networking.

Contact:

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When:

Wednesday, May 17, 9 am – 5 pm
Day 1: Perinatal Mental Health Training

Wednesday, June 14, 9 am – 5 pm
Day 2: Infant Feeding and Nutrition

Wednesday, July 12, 9 am – 5 pm
Day 3: Supporting special populations, family voice, and building a Hospital-to-Home team

Where:

This free training is offered virtually over 3 days.

Participants are asked to commit to all 3 days.

Intended Audience:

Washington-state ESIT providers supporting infants after a NICU stay; particularly relevant for Infant feeding therapists (Occupational Therapists, Physical Therapists, Speech Language Pathologists, and Dietitians).

This training is also open to Special Educators, Infant Mental Health Therapists, Social Workers, and Family Resources Coordinators providing ESIT services.

If possible, participants should plan to attend as part of an agency cohort for an enhanced learning experience.



NorthwestCenterKIDS

Presenters:

Dr. Leslie Butterfield Ph.D. – Leslie Butterfield is a licensed clinical psychologist specializing in perinatal mental health. She provides clinical services to individuals and couples facing the transition to parenthood, perinatal mood and anxiety disorders, perinatal loss, fertility challenges, traumatic birth, NICU stays, and infants with medical complexities. Additionally, she offers therapeutic and training services to healthcare providers and organizations in the childbirth community.

Sara Circelli, MA, IMH-E – Sara Circelli is a Family Resources Coordinator and the Hospital-to-Home Systems Change Manager at Northwest Center. In addition to lived experience, she has received extensive training in Early Support coordination, perinatal mental health, and facilitating parent support groups as a peer leader.

Mia Edidin, LICSW – Mia Edidin is the Clinical Director at Perinatal Support of Washington and a licensed independent clinical social worker in Seattle working with families for more than 15 years. Mia works primarily with women and young children, specializing in pregnancy and postpartum emotional adjustment, attachment, and relationship difficulties.

Tiffany Elliott, MS, CCC-SLP, CNT, IBCLC – Tiffany Elliott is a Speech-Language Pathologist (SLP), specializing in pediatric feeding and swallowing disorders with an emphasis on preterm and medically complex infants and strengthening the caregiver-infant dyad. She is also a Certified Neonatal Therapist (CNT) and an International Board-Certified Lactation Consultant (IBCLC). She is the Hospital-to-Home Systems Change Specialist at Northwest Center.

Sarah Harsh, MS, RDN, CD – Sarah Harsh is a pediatric dietitian who works with the families of preterm infants after discharge from the hospital and children undergoing interdisciplinary evaluation for developmental challenges. She serves as nutrition faculty in the UW LEND interdisciplinary training program.

Mari Mazon, MS, RDN, CD – Mari Mazon is a pediatric dietitian. She serves the ESIT population as part of an interdisciplinary feeding team, and children undergoing interdisciplinary evaluation for developmental challenges. Her other work includes working with the state on increasing families' access to evidence-based nutrition and feeding services in WA State and serving as nutrition faculty on interdisciplinary training grants.



Hosted by Northwest Center in collaboration with Perinatal Support of Washington, the Department of Children Youth and Family Services, Early Support for Infants and Toddlers, and the University of Washington Center on Human Development and Disability.

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