

STARS Credits Available

This training is **FREE** and is for child care professionals and early learning providers who are Washington State residents



Understanding Infant Cues, Regulation, Behavior, and States

Practice Based Training Model: Each three hour learning session will be followed up with two group consultation sessions. Participants will be given the opportunity to fine tune their observations and interactions with infants in their care and talk about the ways they are noticing infants responding to their care. There will also be opportunities to discuss challenges in meeting the unique needs of infants. Consultations are designed to further your learning and support you as a care provider.

PICK ONE of the training times below that works for you.

At registration, you will choose the dates for the 2 group consultations.

January 31, 8–11 am	+ 2 group consultations
March 2, 8–11 am	+ 2 group consultations
April 17, 12:30–3:30 pm	+ 2 group consultations. Spanish interpreter available

To Register please email: pcrp@uw.edu

Understanding Infants is a research-based program for professionals that provides essential information on newborn and infant behavior. Participants will learn about infants and their amazing capability to interact and engage in relationships with their parents, caregivers, and childcare providers and how it impacts the care they receive. Participants will learn about how an infant's internal state influences their behavior and how to help infants regulate. They will learn how to read infant cues and how to foster relationships in the childcare setting that promote the infant's social, emotional, and cognitive growth while completing routine tasks like feeding and diapering an infant.

This course will be a mixture of video, observation of infants, powerpoint, and discussion to help participants define, observe, and reflect on ways to understand and support the infants who are growing and developing in their care. The course will be held on Zoom.