



Nourish to Flourish

Summer Farm to Go - 6 Culinary Experiences for students in grade 5 going into 6th grade, through grade 8

**Do you want to learn more about how to cook?
Do you want to go home with a full balanced meal for your family?**

Farm To Go is a culinary experience for middle schoolers entering grades 6 through 8. Students will join Common Roots Chef, Rebecca Chapdelaine, and college interns at the Wheeler Homestead in South Burlington (1100 Dorset Street). You will create nutritious, farm-fresh and balanced meals to take home to feed their whole family. Do you have a friend who might like to join you?

Student Chefs will get to gain culinary skills on our farm and in our industrial kitchen.

There are two sessions, each with 6 classes, both on Mon and Wed - 3:30-6 pm.

July 11, 13, 18, 20, 25, 27 or August 1, 3, 8, 10, 15, 17

Students per session: 12 (3 students to one educator)

Fee: \$150

Limited Scholarships Available - rebecca@commonroots.org



Register through the South Burlington Recreation and Parks Department by clicking the links:

[July Session](#)

[August Session](#)



southburlington
RECREATION & PARKS