



Care Through Change

Presentation with Q&A



Join Sean Flannery, Ph.D., to talk about navigating a relationship with a loved one as you take on more of a caregiver role. This presentation will offer practical strategies to help you stay connected and supported as caregiving roles change. Dr. Flannery has conducted research and has extensive clinical training working with people with dementia and their caregivers. Dr. Flannery will present on relationship changes and ways to remain loving and connected in difficult times.

CAREGIVER SPEAKER SERIES

"When we are no longer able to change a situation, we are challenged to change ourselves."

- Viktor E. Frankl -

GET THE SUPPORT YOU NEED

May 27 from 4-5pm

JMRL Gordon Library

201 E. Market Street,

Charlottesville, VA 22901

Learn More: 434-817-5222 or

info@jabacares.org