



# EMBRACE *EVERY* SEASON

*Caregiver Stories: Lessons on Care, Family, and End-of-Life Decision-Making*

APRIL 24, 2026

11:30 AM - 1:30 PM

Hillsdale Conference Center  
550 Hillsdale Dr. Charlottesville, VA, 22901

**Dr. Melissa Alemán, Professor of Communication Studies at James Madison University**, discusses the importance of caregiver stories and storytelling for understanding visible and invisible challenges, lived experiences of the caregiver journey, and meaning created in late-life and end-of-life caregiving.

## Event Highlights

▶ **Informative Conversations**

Meet other caregivers! Shared and unique experiences can help new caregivers navigate new circumstances.

▶ **Enjoy a Delicious Lunch**

Tickets include lunch catered by Feast.

***Proceeds support essential programs and services for older adults across Central Virginia!***

## GET TICKETS:



[jabacares.org](http://jabacares.org)



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