

A Letter to Parents/Guardians about Family Life Education

Dear Parent/Guardian:

Fairfax County Public Schools (FCPS) offers a comprehensive Family Life Education (FLE) program. FLE instruction begins in kindergarten and continues through grade 12. FLE includes topics in human growth and development and social and emotional health. FLE instruction helps students gain knowledge and skills needed to make healthy, responsible, and life-enhancing decisions related to relationships and their physical, emotional, and social health. Parents and guardians are partners in their child's learning. FLE instruction supports the development of strong families, positive relationships, and a healthy community.

Parents and guardians can review FLE materials. Parents/guardians can access FLE lessons in Schoology using their SIS username and password. Due to copyright permissions, we are unable to stream all media titles online. Lessons and media are available for review at your child's school. Lessons only are also available at the City of Fairfax Regional Library (this location does not have media).

To foster respect for family choices, parents/guardians may choose to opt their child out of all or part of the Family Life Education program. A student who is opted out will receive alternative health instruction. To opt your child out of all or part of the FLE program for this school year, please complete the digital opt-out form. If you cannot access the digital opt-out form, contact your child's school to request a printed form. *You do not need to complete the opt-out form, digital or printed, if you wish for your child to take part in FLE instruction.*

FLE program descriptions are available on the FCPS website.

- [Elementary School](https://www.fcps.edu/academics/elementary-school-academics-k-6/elementary-family-life-education) <https://www.fcps.edu/academics/elementary-school-academics-k-6/elementary-family-life-education>
- [Middle School](https://www.fcps.edu/academics/middle-school-academics-7-8/family-life-education-fle) <https://www.fcps.edu/academics/middle-school-academics-7-8/family-life-education-fle>
- [High School](https://www.fcps.edu/academics/high-school-academics-9-12/family-life-education-fle) <https://www.fcps.edu/academics/high-school-academics-9-12/family-life-education-fle>

For information about when FLE instruction will take place, please contact your child's teacher or school. For questions about the FLE program, please contact Instructional Services at 571-423-4550 or email fle@fcps.edu.

Sincerely,

FCPS Instructional Services Department
Health, Family Life, and Physical Education