

FALL SPORTS August 3rd, 2026 *1st Day of Tryouts	
Cheer – Hannah Moore	hmoore1@fcps.edu
Cross Country – Jason Polaha	japolaha@fcps.edu
Dance Team – Melissa Dolan	madolan@fcps.edu
Field Hockey – Nicole Kimtis	nkintis@fcps.edu
Football – Adam Shaker	asshaker@fcps.edu
Golf *Boys– Chad Collie	cccollie@fcps.edu
*Girls - Randall Kiser	rrkiser@fcps.edu
Boys Volleyball – Ethan Doan	ejdoan@fcps.edu
Girls Volleyball – Jessica Tramontozzi	jltramontozzi@fcps.edu
WINTER SPORTS November 9th, 2026 *1st Day of Tryouts	
Basketball * Boys – Austin Hamilton	ahamilton@fcps.edu
*Girls – Joshua Headen	jeheaden@fcps.edu
Gymnastics – Hannah Moore	hmoore1@fcps.edu
Swim – Neil Jarvis	injarvis@fcps.edu
**Dive – Mary Ellen Jones	mejones@fcps.edu
Track/Field – Indoor - Jason Polaha	japolaha@fcps.edu
Wrestling – Brad Drummond	bndrummond@fcps.edu
SPRING SPORTS * February 22nd, 2027 *1st Day Tryouts	
Baseball – Steve Frank	Sfrank1@fcps.edu
Boys Lacrosse – TBD	
Girls Lacrosse – Chris Sciortino	cmsciortino@fcps.edu
Soccer *Boys – Jordan Steffey	jlsteffey@fcps.edu
*Girls – Brian Connell	bconnell@fcps.edu
Softball – Kathryn Lohr	kglohr@fcps.edu
Tennis– Jacob Barth	jbarth@fcps.edu
Track/Field – Outdoor - Jason Polaha	japolaha@fcps.edu