

## FAMILY ENGAGEMENT MONTH ACTIVITIES

<p><b>Belonging Board</b> - Create a small poster or digital note with each family member's name and one thing they love.</p>	<p><b>Courage</b> - Talk to your child about why we honor those who courageously serve our country.</p>	<p><b>You Have Strengths</b> - Talk to your child and brainstorm their strengths together. Create a "My Strengths Are" poster.</p>
<p><b>Nature Noticing Walk</b> -Take a short walk/wheel outside and name 5 things you notice with your senses.</p>	<p><b>Encouragement!</b> - Put a note into your child's backpack or lunch box as a token of encouragement.</p>	<p><b>Movement Mix</b> - Dance, roll, stretch, or wheelchair-dance to your playlist. Aim for 10 minutes together.</p>
<p><b>Meet the Week</b> - Talk to your child about his/her favorite subject in school.</p>	<p><b>Progress Update</b> - Talk with your child's teacher about his/her progress in school. Let us know when you met with the teacher.</p>	<p><b>Goals &amp; Glows</b> - Write 1 family goal.</p>
<p><b>Your Voice Matters</b> - Talk to your child about how to advocate for themselves.</p>	<p><b>Game Night</b> - Play a board game, card game, or make one up (charades, I-spy, scavenger hunt).</p>	<p><b>Tell Your Story</b> - Flip through old family photos and tell stories about your family's history.</p>
<p><b>Words of Belonging</b> - Plan a day with no electronics. Consider books, games, or puzzles.</p>	<p><b>Culture Share</b> - Teach a song, recipe, or tradition from your family. Record the steps and share with school community.</p>	<p><b>Thankful Chain</b> - Make paper links (or a digital list). Write one thing you're thankful for on a link.</p>
<p><b>Family-School Connection</b> - Connect with your child's school Family Liaison about how she can support you.</p>	<p><b>Learn with You</b> - Explore resources to assist your child with homework and in the classroom.</p>	<p><b>Give &amp; Get</b> - Choose 1 item to donate or share. Choose 1 new book for winter reading.</p>
<p><b>Parents Are the First Teachers</b> - Teach your child a new skill.</p>	<p><b>STEM at Home</b> - Pick a home improvement project and work together.</p>	<p><b>Grateful</b> - Draw or share and show a moment about what you are grateful for.</p>
<p><b>Belonging Note</b> - Write a note to school staff thanking them.</p>	<p><b>Money Moments</b> - Let kids help compare prices, sort coins, or plan a small budget for a treat or donation.</p>	<p><b>Mini Family Service Project</b> - Pick a small project: clean a park, sort pantry goods, or draw thank-you cards for volunteers.</p>
<p><b>Story of My Name</b> - Share the story or meaning of your child's name.</p>	<p><b>Read with Me</b> - Read a book, article, magazine, or newspaper with your child. Share the title of the item.</p>	<p><b>Celebrate Us</b> - Create a 1-minute family highlight reel: three photos + three words that describe your month.</p>
<p><b>Feelings Check-in</b> - Try a 1-5 mood scale with emojis or colors. Ask, "What would move us one step up?"</p>	<p><b>Commitment</b> - Commit to staying engaged in your child's education throughout the year.</p>	<p><b>Goals &amp; Glows</b> - Write or draw 1 family success.</p>