

# Supporting Twice-Exceptional (2e) Students in FCPS

**Twice-Exceptional (2e) learners are students who are gifted and have learning challenges or disabilities.**

What do 2e students need?

## 2e students can thrive when...

- Individualized & flexible instruction is responsive to students' strengths, disabilities, and challenges.
- Supports, accommodations, and/or services help them access instruction and demonstrate understanding.
- Social-emotional learning and accompanying strategies build their confidence, skills, resilience, and a sense of belonging.
- Collaborative teams (including the student, teachers, support staff, and families) design and adjust plans that affirm their identities and experiences.

How do families & FCPS staff partner?

## We believe strong partnerships and active communication between schools and families are key to supporting 2e students. Together, we:

- Collaborate in the identification, evaluation, and instructional planning processes to understand student strengths, needs, and goals.
- Communicate regularly about progress, supports, strategies, and wellness.
- Engage in decision-making processes about course selection, accommodations, and specialized instruction and/or services (when applicable).
- Assume collective responsibility to co-create environments where students can thrive.

What are some ways families can support 2e students at home?

## Family expertise is a critical component of student success. Families are encouraged to:

- Recognize and celebrate effort as well as achievement.
- Support your child's strengths and help them navigate struggles.
- Provide opportunities for your child to consider and express ways in which they learn best.
- Teach self-advocacy at home and school.
- Reach out to the school team if you see signs of stress, withdrawal, or burnout.

How can I learn more?

## Visit the FCPS 2e Website:



[FCPS 2e website and handbook](#)

[bit.ly/3Ho5FP6](https://bit.ly/3Ho5FP6)

## Access the FCPS Special Education Handbook



[FCPS Special Education Handbook](#)

[bit.ly/4oxBbuF](https://bit.ly/4oxBbuF)

## Resources Included:

- VDOE Gifted Education Website (Includes 2e Toolkit)
- National Association for Gifted Children (NAGC)
- Council for Exceptional Children