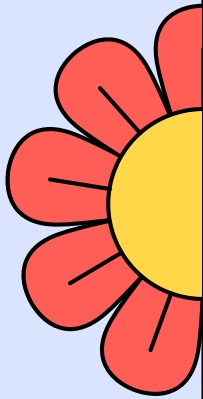


March

COUNSELOR CORNER

Hello from your counselors, Veronique Lilienthal & Teresa Padgett!

Happy March!
We are so **lucky** to
be your school
counselors!



Love, Ms. Padgett
& Ms. Lilienthal

Our Programs:

- Cougar Connectors - peer mentors for new students
- Cougar buddies - 6th grade peer mentors for younger students
- MentorWorks - staff mentor program
- Paw Pals therapy dogs

March Lessons topics:

- Mindfulness
- Mandatory county lessons on bullying & harassment
- Conflict resolution

Veronique Lilienthal

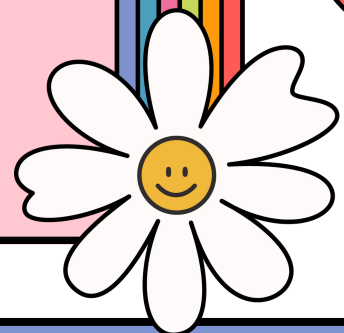
703-531-4011
vmlilienthal@fcps.edu
Grades: 1, 3, 5 & 6

Teresa Padgett

703-531-4096
tpdagett1@fcps.edu
Grades: K, 2, 4, & 6

Upcoming dates:

- March 19th: Young Scholars Morning Meeting
- March 21st: Paw Pals Therapy Dog Program
- March 26th: 6th grade field trip to Longfellow MS
- March 31st: No School
- April 1st: Teacher Workday



RESOURCES

- [FCPS Family Resource Center](#)
- [FCPS School Counseling Services](#)
- [Mental Health & Crisis Support](#)
- [Student Wellness](#)
- [Additional Parent Resources](#)
- [SEL Screener Webpage](#)

