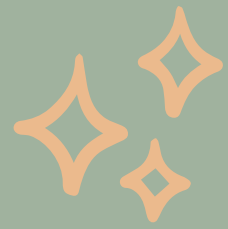


Counselor Corner



Veronique Lilienthal, School Counselor (1, 3, 5, & 6)
vmlilienthal@fcps.edu

Teresa Padgett, School Counselor (K, 2, 4, & 6)
tpadgett1@fcps.edu



SEL SCREENER UPDATES

Students in grades 3-12 took the SEL Screener during the month of October, providing information on their SEL skills like achieving goals, understanding and managing emotions, establishing and maintaining relationships, and making responsible decisions. The screener also asks students how well their school community makes them feel valued, included, and supported.

In early December, individual student SEL Screener results will be available to families in the *Documents* section of SIS ParentVUE. For families who do not have an active ParentVUE account, results will be sent via postal mail. For support in understanding your individual student's results or for ideas on how to support them at home, please review the *Family Guide* or reach out to our school staff with any questions.

CLASSROOM LESSON UPDATES

- K:**Wemberly Worried/Coping tools
- 1:** Listening Skills
- 2:**Conflict Escalator/De-escalator
- 3:** Growth Mindset
- 4:** Growth Mindset
- 5:** Technology Awareness
- 6:**Technology Awareness & Thinking Traps

OUR PROGRAMS

- ✓ Cougar Connectors: student centered support for our new students at Haycock (K-6)
- ✓ Cougar Buddies Student Mentor Program: 6th grade leadership/role models for our K-3 students
- ✓ MentorWorks: Staff Mentor Program for K-6 students
- ✓ Small groups: friendship and social skills building groups for K-6 students

UPCOMING EVENTS

Nov 27 - 29

Enjoy the break! :)

Dec 9th

3 hour early release

December 13th

Winter Strings/Chorus Performance

December 20th

Paw Pals Therapy Dog Program

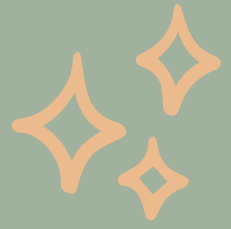
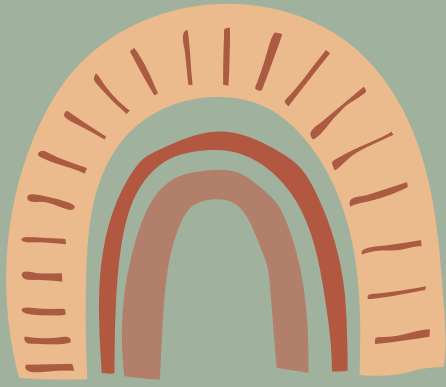
December 23 - January 3rd

Enjoy the break!

January 6th

Welcome back!

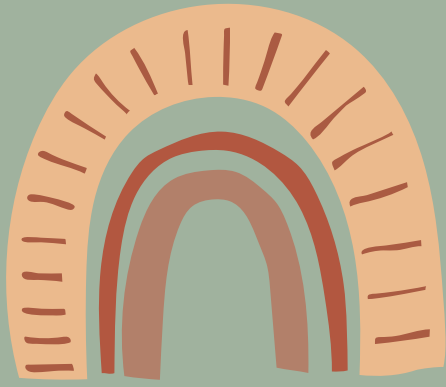




Resources

- [FCPS Family Resource Center](#)
- [FCPS School Counseling Services](#)
- [Mental Health & Crisis Support](#)
- [Student Wellness](#)
- [Additional Parent Resources](#)





SEL Screener Questions

- [SEL Screener Webpage](#)
- [SEL Screener Questions](#)
- [Family Guide to SEL Screener Outcomes](#)
- [Family Guide: Talking with Your Student about the SEL Screener \(updated 09/23\)](#).

