



**Fairfax County**  
PUBLIC SCHOOLS

ENGAGE • INSPIRE • THRIVE

**BUCKNELL ELEMENTARY  
FAMILY LIFE EDUCATION PARENT  
PREVIEW NIGHT**

# Family Life Education (FLE)

- K-12 Instructional Program
- Adheres to state guidelines and recommendations
- Includes two units of instruction at the Elementary level
  - Emotional and Social Health (ESH) – Grades K-6
  - Human Growth and Development (HGD) – Grades 4-6
- Modified lessons for students with low incidence disabilities are available

# Content

The FLE program (K-12) includes the following topics. *Not every topic is taught at each grade.*

## Emotional and Social Health (K-10)

- **Good touch, bad touch (ES)**
- Abuse
- Dating violence/relationship abuse
- Consent
- Internet safety sexting
- Pornography (Grade 9)
- Teen sex trafficking

## Human Growth and Development (4-10)

- Puberty
- Reproductive system
- Reproductive process
- Abstinence
- Pregnancy and childbirth
- Sexually transmitted infections
- Contraception (MS and HS)
- Human sexuality (MS and HS)

\*Grade 11-12 include both ESH and HGD Topics

# Elementary Emotional & Social Health

Grade	Topics
Kindergarten	Family members & positive ways families interact, good touch/bad touch, responding to inappropriate behaviors (how to communicate “no”)
1	Families are a community, responsibilities of family members, good touch/bad touch, how to respond to inappropriate behaviors, including messages and pictures when using electronic devices, trusted adults, getting help
2	Expressions of affection, good touch/bad touch, identifying inappropriate approaches, identify trusted adults, how to communicate “no”
3	Positive personal characteristics and attributes; how to respond to good, bad, and confusing touches; personal boundaries; getting help

# Elementary Emotional & Social Health

Grade	Topics
4	Basic emotional, mental, & social needs; responsibilities to self, family, peers; recognizing threatening or uncomfortable situations and how to respond; values and challenges of friendship
5	Roles and responsibilities of family members, child abuse and child neglect, adults who can help
6	Child abuse and neglect, school & community health-care services, social media & text messaging (positive aspects and misuse)

# Elementary Human Growth & Development

Grade	Topics
4	Puberty, personal hygiene, basic reproductive anatomy ( <b>Only 1 class session</b> )
5 and 6	Puberty and hygiene, reproductive anatomy and process of human reproduction, abstinence, sexually transmitted infections  <b>Lessons are taught in gender separate classes</b>

## Opt-out

Instructional content and learning activities are designed to be age and grade-level appropriate. However, some parents, guardians, and caregivers may prefer to provide instruction on these topics at home. For those families, an opt-out option is available.

Parents may opt their child out of any or all lessons in the Emotional and Social Health and Human Growth and Development units of instruction.

# Parent Access to FLE Program Materials

1. Schoology – All Parent course
  - Lessons and media with streaming rights
  - Lessons used for students who are opted out of FLE instruction
  - Parents/guardians will need their parent SIS account to access Schoology (not their child's)
2. School libraries
  - Lessons and media during regular school hours (please schedule with librarian)
3. Fairfax County Regional Library in the City of Fairfax
  - Lessons only; media is not available



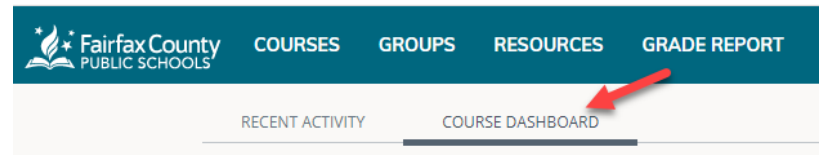
# How to Access the Lessons in Schoology

1. Go to [www.fcps.edu](http://www.fcps.edu). Scroll to the bottom of the page and click Schoology from the menu bar



2. Log-in to Schoology using your SIS login

3. Select Course Dashboard



4. Click on the tile of the All Parents course for your child's school

5. Select the folder Parent Preview – FLE Instruction



## Parent Preview - FLE Instruction

Lessons posted are for the 2024-2025 school year. Opt-out forms for the general education Parent Digital Consent. Please contact your child's school for information on accessing the paper opt-out form from your child's school. If your child is receiving special education serv

6. Select the grade level you would like to view

# Parent Preview Folder in Schoology



## Parent Preview - FLE Instruction

Lessons posted are for the 2021-2022 school year. Opt out forms are provided to parents at the beginning of the school year in orientation packets and available online at <http://www.fcps.edu/is/hpe/fle.shtml>. Media titles that FCPS has permission to stream online are provided. All other media titles listed in lessons are available at your child's school. Media may be viewed at your child's school in the school library during school hours or at your school's parent preview night (please contact your school for more information).

For students who are opted out of FLE instruction, opt out lessons are provided for K-10. These lessons are based on the VDOE standards of learning for health education at each grade level.

All Parents: Bucknell Elementary School



## Parent Preview - FLE Instruction



Add Materials ▾

Options ▾



Family Life Education Kindergarten



Family Life Education Grade 1



Family Life Education Grade 2



Family Life Education Grade 3



Family Life Education Grade 4



Family Life Education Grade 5



Family Life Education Grade 6

# Opt-Out Request Forms

From the FCPS home page click on Academics



Scroll down and click on Elementary School Academics (K-6) icon



Elementary School Academics (K-6)

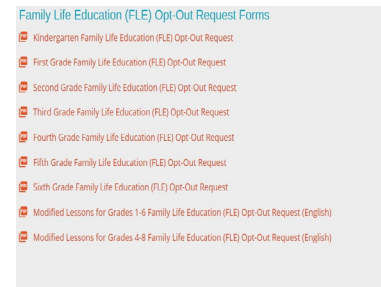
Click on Family Life Education (FLE) icon



Family Life Education (FLE)

The Family Life Education program follows state guidelines for grades K-6.

Scroll down the page and click on Family Life Education Opt-Out Request Forms



# Review of Materials & Questions

## Contact Information:

- Child's classroom teacher
- School administration
- Central Office

Email: [fle@fcps.edu](mailto:fle@fcps.edu)

Phone: 571-423-4550



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