



Fairfax County
PUBLIC SCHOOLS

ENGAGE • INSPIRE • THRIVE

McNair Upper ES
FAMILY LIFE EDUCATION PARENT
PREVIEW NIGHT

Family Life Education (FLE)

K-12 Instructional Program

Adheres to state guidelines and recommendations

Includes two units of instruction at the Elementary level

- Emotional and Social Health (ESH) – Grades K-6
 - Modified lessons for students with low incidence disabilities are available
- Human Growth and Development (HGD) – Grades 4-6
 - Modified lessons for students with low incidence disabilities are available

Parents may opt their child out of any or all lessons in Emotional and Social Health and Human Growth and Development units of instruction.

Content

The FLE program (K-12) includes the following topics. *Not every topic is taught at each grade.*

Emotional and Social Health (K-10)

- Good touch, bad touch (ES)
- Abuse
- Dating violence/relationship abuse
- Consent
- Internet safety sexting
- Pornography (Grade 9)
- Teen sex trafficking

Human Growth and Development (4-10)

- Puberty
- Reproductive system
- Reproductive process
- Abstinence
- Pregnancy and childbirth
- Sexually transmitted infections
- Contraception (MS and HS)
- Human sexuality (MS and HS)

*Grade 11-12 include both ESH and HGD Topics

Opt-out

Instructional content and learning activities are designed to be age and grade-level appropriate. However, some parents, guardians, and caregivers may prefer to provide instruction on these topics at home. For those families, an opt-out option is available.

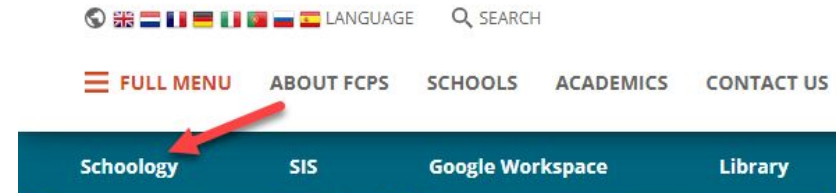
Parents may opt their child out of any or all lessons in the Emotional and Social Health and Human Growth and Development units of instruction.

Parent Access to FLE Program Materials

1. **Online in Schoology**
2. Lessons and media
 - Lessons used for students who are opted out of FLE instruction
 - Parents/guardians will need their SIS account to access FCPS 24-7 (not their child's account)
3. School libraries
 - Lessons, media, and print materials during regular school hours (please schedule with librarian)
4. Fairfax County Regional Library in the City of Fairfax
 - Lessons available; site does not have media nor print materials

How to Access the Information

1. Go to www.fcps.edu and click Schoology from the menu bar



2. Log-in to Schoology using your SIS login

3. Select Course Dashboard



4. Click on the tile of the All Parents course for your child's school

5. Select the folder Parent Preview – FLE Instruction



6. Select the grade level you would like to view

All Parent Course on Schoology



All Parents

McNair Upper Elementary School

McNair Upper Elementary School



Parent Preview - FLE Instruction

Lessons posted are for the 2023-2024 school year. Opt-out forms are provided to parents at the beginning of the school year in orientation packets and available online at <http://www.fcps.edu/is/hpe/fle.shtml>. Media titles that FCPS has permission to stream online are provided. All other media titles listed in lessons are available at your child's school. Media may be viewed at your child's school in the school library during school hours or at your school's parent preview night (please contact your school for more information).

For students who are opted out of FLE instruction, opt-out lessons are provided for K-10. These lessons are based on the VDOE standards of learning for health education at each grade level.

Opt-Out Request Forms

- Opt-out forms for students in general education classes are available in the [Parent Digital Consent \(PDC\)](#).

Review of Materials & Questions

Contact Information:

- Child's Teacher
- Brandy O'Bryant, Assistant Principal, McNair Primary
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- Cliff Credle, Assistant Principal McNair Upper
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Central Office staff:

- Laura Schomer, Educational Specialists, Health & PE
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- Carrie Reynolds, Senior Manager, Health, Physical, Family Life, & Driver Education - cfreynolds@fcps.edu or 571-423-4550



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