



Parent

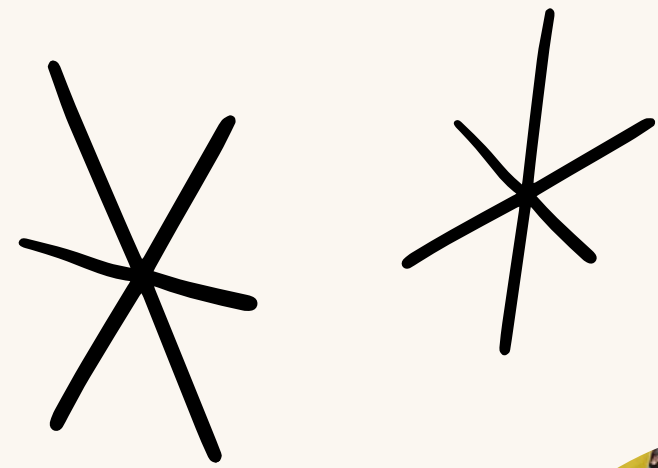
UNIVERSITY



Session #2

Presented by GFES Mental Health Team





The team



Sara White

School Counselor
K,1,3,5

Courtney Barber

School Counselor
K,2,4,6



Steve Handwerger

School Psychologist
Wednesdays, Thursdays

Heather Van Horn

School Social Worker
Wednesdays, Fridays

A DAY IN THE LIFE

**FACILITATING SMALL GROUPS
DESIGNED TO MEET SIMILAR
NEEDS OF MULTIPLE STUDENTS**

**PARTICIPATING IN LOCAL
SCREENING COMMITTEE,
IEP, OR 504 MEETINGS**

**TEACHING CLASSROOM
LESSONS**

**RESPONDING TO CONCERNS
OR CRISES**

**LUNCH BUNCHES
AND SKILL-
BUILDING PLAY
GROUPS**

**WORKING WITH INDIVIDUAL
STUDENTS BASED ON SELF,
PARENT, OR TEACHER
REFERRALS**

**PARTNERING WITH
TEACHERS TO
SUPPORT STUDENTS**

PEER MEDIATION

**MEETING
WITH
FAMILIES**

**FACILITATING PSYCHOLOGICAL
TESTING OR COMPLETING
PSYCHOSOCIAL EVALUATIONS**

**CLASSROOM
OBSERVATIONS**

**CONSULTING AND COLLABORING
WITH THE MENTAL HEALTH TEAM**

What is bullying?

“Any aggressive and unwanted behavior that is intended to harm, intimidate, or humiliate the victim; involves a real or perceived power imbalance between the aggressor or aggressors and victim; and is repeated over time or causes severe emotional trauma. “Bullying” includes cyberbullying. “Bullying” does not include ordinary teasing, horseplay, argument, or peer conflict.”

1

What to do if you think your child is being bullied

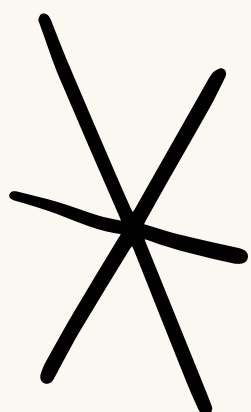
- Contact one of the counselors or your child's teacher
- Share your concerns and why you think your child is being bullied

2

The bullying investigation process

- Dr. Litz will contact all parents of students involved
- The students involved will be separated
- Interviews will take place including interviews of witnesses and teachers
- Dr. Litz will contact parents with the investigation findings and whether or not bullying is founded.
- Letters detailing the investigation will be sent home

Conflict Resolution Skills



I Statements
I feel___
when you___
Can you please___

**Walk away
or take a
break**

**Talk it out.
Ask
Questions.
Listen.**

**Ignore it.
Let it go.**

**Agree on a
compromise**

HEALTHY FRIENDSHIPS



- **FRIENDS RESPECT BOUNDARIES**

Funny VS. mean jokes
Togetherness and encouragement
VS. controlling and bossy
BFF's VS. no one else
Positive talk VS. gossip

- **FRIENDS ARE INCLUSIVE**

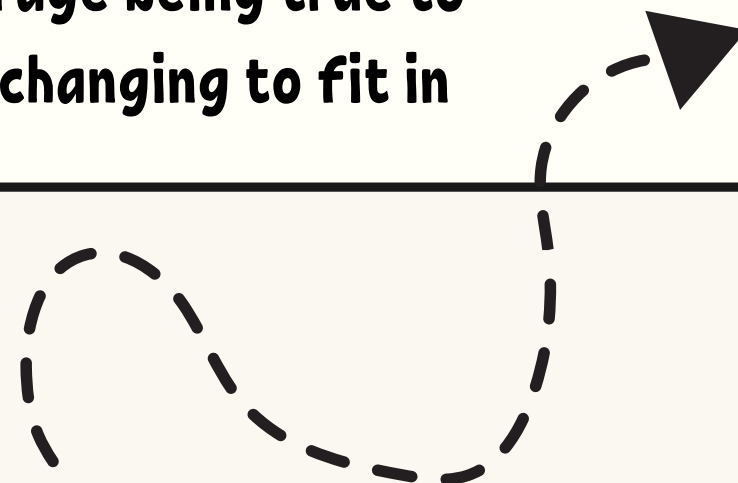
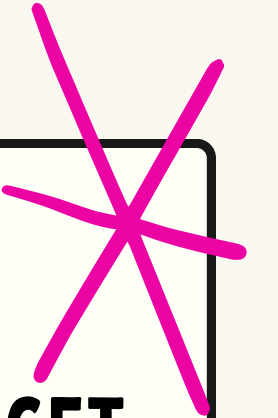
Friends accept differences and
should encourage being true to
oneself over changing to fit in

- **FRIENDS MIGHT HAVE CONFLICT, BUT THEY'LL GET THROUGH IT**

Not using ending a friendship as a
means to end a conflict or get
their own way

- **FRIENDS GIVE AND TAKE**

Everyone has moments of needing
support and getting support -- it
should be relatively balanced







**WE WANT TO HEAR
FROM YOU!**



THANK
YOU!

