

# COUNSELING SERVICES IN VIRGINIA: HOW TO GET THE HELP YOU DESIRE

April 30, 2024  
10-11:30 a.m.

**COME AND JOIN US!**

Are you starting or continuing to look for mental health and substance abuse services for your child?

Join a private practice therapist and FCPS's Sr. Substance Abuse Prevention Specialist to help attendees understand how to locate and become involved with mental health treatment services in VA.

**Webinar Highlights:**

- school supports and community resources
- stigma and equity,
- different types of therapy.

Register online: <https://bit.ly/3wyYn5x>

