Parent UNIVERSITY

Presented by GFES Mental Health Team

The team

Sara White

School Counselor

K,1,3,5

Courtney Barber

School Counselor

K,2,4,6

Steve Handwerger

School Psychologist

Wednesdays, Thursdays

Heather Van Horn

School Social Worker

Wednesdays, Fridays

A DAY IN THE LIFE

FACILITATING SMALL GROUPS DESIGNED TO MEET SIMILAR NEEDS OF MULTIPLE STUDENTS

PARTICIPATING IN LOCAL SCREENING COMMITTEE, IEP, OR 504 MEETINGS

TEACHING CLASSROOM LESSONS

WORKING WITH INDIVIDUAL STUDENTS BASED ON SELF, PARENT, OR TEACHER REFERRALS

LUNCH BUNCHES AND SKILL-BUILDING PLAY GROUPS

RESPONDING TO CONCERNS OR CRISES

FACILITATING PSYCHOLOGICAL TESTING OR COMPLETING PSYCHOSOCIAL EVALUATIONS

PARTNERING WITH TEACHERS TO SUPPORT STUDENTS

PEER MEDIATION

MEETING WITH FAMILIES

CLASSROOM OBSERVATIONS

CONSULTING AND COLLABORING WITH THE MENTAL HEALTH TEAM

Anxiety
Executive Functioning
What We See in
SCHOOL
Peer Conflict
Self-Esteem
ADHD
Dysregulation

ASSESING THE NEEDS OF YOUR CHILD

Concerns

Academic, social, emotional or behavioral concern which is not an immediate threat to safety or security but warrants further review to inform intervention

Behavior

A change in behavior for your child

Crying spells

Withdrawal from others

Changes in energy level over time

Repetitive actions and thoughts

Avoiding activities, assignments and/or interactions

Impulsivity

Fatigue

Change in affect

Academics

Limited work completion

Decline in academic progress or work habits

Lack of participation or minimal participation

FAMILY RESOURCE CENTER

FREE WEBINARS

on topics such as taming tantrums, supporting twice exceptional learnings, supporting kids with ADHD, digital wellness, special education, and more!

FREE CONSULTATION

confidential support from professionals who can help you find school and community resources to support your family's needs

OTHER RESOURCES

summer camps, respite care for families with disabled children, LGBTQ+ resources, resources for military connected families, and more!

looking for support?

RESOURCES

Child Mind Institute

Sesame Workshop

Psychology Today Find a Therapist Tool

Tell us what you want to learn about!

SCAN ME

[Link to google form]

QUESTIONS?

THANK YOU!