

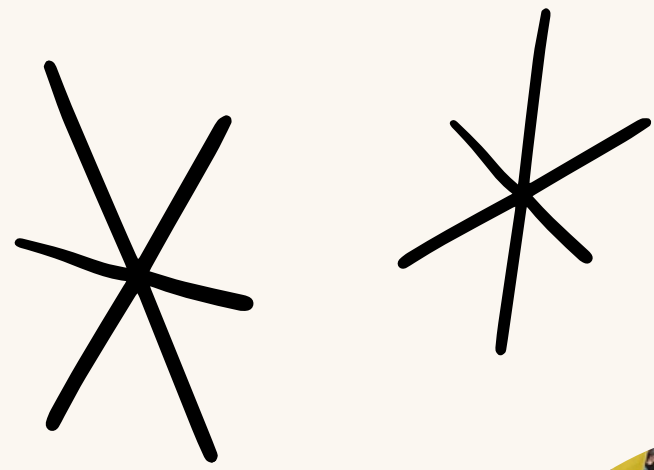


Parent



UNIVERSITY

Presented by GFES Mental Health Team



# The team



**Sara White**

**School Counselor**

**K,1,3,5**

**Courtney Barber**

**School Counselor**

**K,2,4,6**



**Steve Handwerger**

**School Psychologist**  
**Wednesdays, Thursdays**

**Heather Van Horn**

**School Social Worker**  
**Wednesdays, Fridays**

# A DAY IN THE LIFE

**FACILITATING SMALL GROUPS  
DESIGNED TO MEET SIMILAR  
NEEDS OF MULTIPLE STUDENTS**

**PARTICIPATING IN LOCAL  
SCREENING COMMITTEE,  
IEP, OR 504 MEETINGS**

**TEACHING CLASSROOM  
LESSONS**

**RESPONDING TO CONCERNS  
OR CRISES**

**LUNCH BUNCHES  
AND SKILL-  
BUILDING PLAY  
GROUPS**

**WORKING WITH INDIVIDUAL  
STUDENTS BASED ON SELF,  
PARENT, OR TEACHER  
REFERRALS**

**PARTNERING WITH  
TEACHERS TO  
SUPPORT STUDENTS**

**PEER MEDIATION**

**MEETING  
WITH  
FAMILIES**

**FACILITATING PSYCHOLOGICAL  
TESTING OR COMPLETING  
PSYCHOSOCIAL EVALUATIONS**

**CLASSROOM  
OBSERVATIONS**

**CONSULTING AND COLLABORING  
WITH THE MENTAL HEALTH TEAM**



**Anxiety**

**Executive  
Functioning**

**What We See**

**in**

**SCHOOL**

**Peer Conflict**

**Self-Esteem**

**ADHD**

**Dysregulation**




# ASSESSING THE NEEDS OF YOUR CHILD





# Concerns



**Academic, social, emotional or behavioral concern  
which is not an immediate threat to safety or  
security but warrants further review to inform  
intervention**

## Behavior

**A change in behavior for your child**

**Crying spells**

**Withdrawal from others**

**Changes in energy level over time**

**Repetitive actions and thoughts**

**Avoiding activities, assignments and/or interactions**

**Impulsivity**

**Fatigue**

**Change in affect**

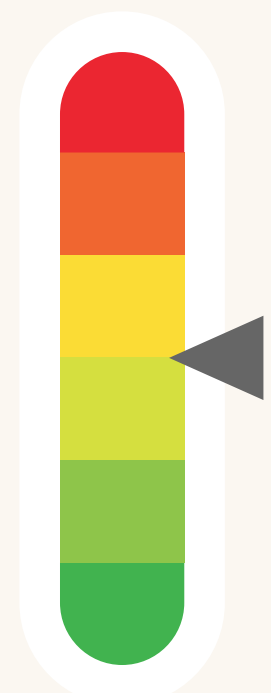



## Academics

**Limited work completion**

**Decline in academic progress or work habits**

**Lack of participation or minimal participation**





# **FAMILY RESOURCE CENTER**

## **FREE WEBINARS**

on topics such as taming tantrums, supporting twice exceptional learnings, supporting kids with ADHD, digital wellness, special education, and more!

## **FREE CONSULTATION**

confidential support from professionals who can help you find school and community resources to support your family's needs

## **OTHER RESOURCES**

summer camps, respite care for families with disabled children, LGBTQ+ resources, resources for military connected families, and more!

▶ looking for support?



**RESOURCES**

Child Mind  
Institute

Sesame  
Workshop

Psychology  
Today Find a  
Therapist Tool





# Tell us what you want to learn about!



[Link to google form](#)



**QUESTIONS?**

**THANK  
YOU!**

