



We help families build stronger,
healthier relationships.

Parenting Education Programs

Learn positive and effective ways to interact with your children.

Classes help parents:

- Take charge of your own feelings and behaviors.
- Handle stress and anger better.
- Communicate calmly and positively.
- Know what to expect from children at all ages.

Includes FREE:

- Sessions
(For all family members)
- Meals
- Child care
(Children under 5 years old)
- Parent handbook and materials

Visit the website for the schedule of convenient, diverse class offerings.

Fairfaxcounty.gov
Search: Parenting Education

**Register
now**

703-324-7691 or
parentingeducation@fairfaxcounty.gov



Where a TTY number is not indicated, use 711/Virginia Relay. Reasonable accommodations made upon request; call 703-324-7723.



FAIRFAX COUNTY DEPARTMENT OF
FAMILY SERVICES



Fairfax County Department of Family Services
Children Youth and Families Division



You can help families build stronger,
healthier relationships.

Partner with the Parenting Education Programs

**Community partners and volunteers
provide crucial support in many areas.**

You can:

- Become a trained facilitator.
- Serve a meal.
- Sponsor a meal (or a part of a meal) for 25-35 participants (approx. \$150).
- Donate space for a parenting class.

**FREE 12-14
week Parenting
Education Class
teaches positive
and effective
ways parents can
interact with their
children.**

**To volunteer or learn more
703-324-7745 or
parentingeducation@fairfaxcounty.gov**

**Or
Visit**

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