ATTACHMENT*: CREATING A RELATIONSHIP WITH MY CHILD WHERE THEY FEEL SAFE AND PROTECTED (PRESENTED IN SPANISH)

PART 1: APRIL 5, 2024 PART 2: MAY 10, 2024 10-11:30 A.M.

The purpose of these webinars is to support and empower parents to establish healthy and secure relationships with your children (*attachment) by responding positively and effectively to your children's needs.

Part 1 - April 5th

- What is attachment?
- The different attachment styles and how they impact a child's social and emotional future.
- What influences the type of attachment we develop with our children?

Part 2- May 10th

- How can I help my child feel safe in our parent/child relationship?
- Four of the most common challenges my child may present during emotional development.
- Strategies to respond to these challenges without affecting the development of a secure attachment.

Presented in collaboration with Northern Virginia Family Service





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