

January 26th, 2024

National Fun at Work Day, National Green Juice Day

National Spouses Day



Time is flying! we are already on the last full week of January.

Thankfully the weather is warming up a little.

Like usual I am sharing some resources that could hopefully be of use to you or someone you know!



KEEP READING FOR RESOURCES

If you want more information please contact me!

Andrea Ramalheira text or call me at 571-279-1225



TECH ADVENTURE CAMP Fairfax C

Tech Adventure Camp (TAC) is a weekly exploratory camp designed to give students the opportunity to explore STEAM, culinary, health, trades, business and marketing areas. The camp is open to students in grades K-5 during the 2023-24 school year.

Eligibility

Open to students in grades K-5 during the 2023-24 school year. Students must be at least six years old by the first day of camp.

<u>Dates</u>: July 8 – 12, 2024 / July 15 – 19, 2024 / July 22 – 26, 2024

Time: 8:30 a.m. - 2 p.m. Early drop off begins at 7:30 a.m.

Location: TBD

Tuition: \$275 per week. Fairfax County Public School students

eligible for free and reduced lunch: No tuition*

Transportation

There is bus transportation from select FCPS high schools and middle schools. Transportation to and from these schools is the responsibility of the parent or guardian. Transportation information will be communicated to families prior to the start of the program.

For more information about Tech Adventure Camp

bit.ly/FCPS TAC





Family Resource Center February 2024 Webinars



Register Online

2 FEB

Meet the Author Series: Mind in The Making with Ellen Galinsky

Looking for research-based advice for families on how to raise their children to be well-rounded and achieve their full potential, helping them learn to take on life's challenges, communicate well with others, and remain committed to learning? These are the "essential life skills" that Ellen Galinsky has spent her career pursuing.

9 FEB

Youth Mental Health First Aid In-Person All Day Workshop

Join us, in-person to learn how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18.

10 - 11:30 A.M.

10-11:30 A.M.

16 FEB

Behavior Solution Series Proactive Strategies for Elementary Families

Join staff from the FCPS Behavior Intervention Services Department as they provide tools for families that encourage positive communication and behavior at home.

10 - 11:30 A.M.

23FEB

How to Handle Disappointing Grades: Ways to Uncover the Reasons Behind Your Child's School Performance and How to Help with Ann Dolin

Join Ann Dolin as she discusses how disappointing grades are not always a fair indication of how hard your child is trying, how much they're learning, or what their potential for success is later on in life (especially for those with ADHD and other learning differences).

6:30 - 8 P.M.

29 FEB

FBA/BIP

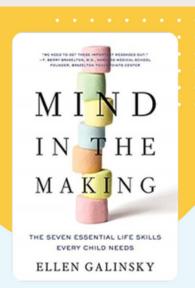
Does your child have concerning behaviors at school? Did you know that there is a process to identify and support your child at school? Join us to learn about the FBA and BIP process and how it used in FCPS to support any student who experiences behavioral challenges.



MEET THE AUTHOR SERIES:

MIND in the Making
BY ELLEN GALINSKY

FEBRUARY 2, 2024 10-11 A.M.





Looking for research-based advice for families on how to raise their children to be well rounded and achieve their full potential, helping them learn to take on life's challenges, communicate well with others, and remain committed to learning? These are the "essential life skills" that **Ellen Galinsky** has spent her career pursuing.

The good news is that there are simple everyday things that all families can do to build these skills in their children for today and for the future. They don't cost money, and it's never too late to begin.

Register online: https://bit.ly/47AyQ9d





PERSONAL FINANCE WORKSHOPS



Wednesdays 7:00 PM - 8:00 PM

All classes are held virtually using Zoom!

January 10 - Action Items for Financial Health

January 17 - How to Build a Better Credit Report

January 24 - Car Buying 101

January 31 - Borrowing and Managing Debt

February 7 - LinkedIn Workshop

February 14 - Interviewing Skills

To register please visit our booking page https://fecsoco.timetap.com/
info@fecsoco.org
or call (703)704-6101.



In Partnership with United Way NCA, Fairfax County, and Britepaths











Free Budgeting & Personal Finance Workshops



All classes will be held virtually on Zoom

How to Stretch Your Dollars
Tuesdays 6:30 PM

Jan. 23, Feb. 27, Mar. 26, Apr. 23, or May 28

Thursdays 10:30 AM

Jan. 25: Six Steps to Creating a Financial Plan

Feb. 22: Identity Theft & Predatory Lending

Mar. 28: Financial Recovery After a Crisis

Apr. 25: Credit Reports and Using Credit Wisely

May 23: Financial Budgeting Strategies

To register use this link to register for a specific class or the entire series:

https://fecsoco.timetap.com/
or email info@fecsoco.org if you have questions.

In Partnership with United Way NCA, Fairfax County, and Britepaths











PUT YOURSELF IN CHARGE!

Get direct access to financial education and guidance at **no cost**.



No matter your income level, we offer one-on-one support and workshops, so you can remain financial independent:

- Financial Coaching
- Personal Income Tax Assistance
- Small Business Consultation
- Workforce Development
- Personal Finance & Career Building Classes

To make an appointment or to get more information:

www.FECsoco.org / 703.704.6101 / info@FECSoCo.org

View our calendar of upcoming events:

https://soco.financialempowermentcenters.org/ pageservices/

In partnership UWNCA, with Fairfax County, and Britepaths.







To request reasonable ADA accommodations, please contact FEC at 703-704-6101











Join the AWS re/Start Training Program and launch your cloud career!

Next Cohort: March 11, 2024 - June 14, 2024

AWS re/Start is a FREE, full-time skills development program to jump-start your career working in cloud computing. You will learn cloud computing skills and prepare for AWS Certified Cloud Practitioner certification. A technology background is not required to apply and the program is focused on unemployed and underemployed individuals.

Eligibility Requirements:

- · Authorized to work in the U.S.
- · Northern Virginia resident
- · Intermediate English proficiency
- · Basic computer skills
- Desktop computer or laptop (limited computers available to borrow)
- Responsible and committed to logging into class virtually on time, attending every class, being visible, having a positive attitude, and fully participating

4 Step Enrollment Process!

- 1. Complete Interest Survey
- 2. Attend Information Session
- 3. Complete Assessment
- 4. Conduct 1:1 interview with instructor

Click here to start:

AWS re/Start Interest Survey

Submit by 5:00pm, February 2, 2024

Your survey will be reviewed and if selected you will be required to attend an information session on February 13 or 14, 2024 @ 10am,

14-week class Monday - Friday, 9:00am - 3:00pm Live Instruction, Virtually

Fairfax County is committed to a policy of nondiscrimination in all county programs, services, and activities and will provide reasonable accommodations upon request. To request special accommodations call 703-246-5101 or TTY711. Please allow 48 hours in order to make the necessary arrangements.

In partnership with United Way NCA, Fairfax County, and Britepaths











Adult Services Events

Chantilly Regional Library February 2024

*Requires Registration

Book Clubs

2/6 @7pm - Mystery Book Club "Death in Print" by G. M. Malliet

2/14 @7:30pm - Chantilly Book Discussion Group "The Midnight Library" by Matt Haig

Writers of Chantilly

2/12 & 2/26 @6:00pm

Unequal Access*

Lifelong Learning

(Virtual Program) 2/5 @7pm

Vietnamese Conversation Group 2/2 & 2/16 @4pm

What Was the USSR? 2/17 @ 1pm

Jewelry Making 101* 2/22 @2:30pm

Fun and Games

Puzzle & Game Swap 2/4 @3:15pm

Saturday Cinema: Twenty Pearls 2/24 @2:00pm

Dungeons & Dragons* 2/18 @2:30pm (Adults Only)

Holiday Closings

2/19 for Presidents' Day

DMV Connect*

2/20 & 2/21 10am - 3:30pm

*Register for events in the online calendar!











/fairfaxlibrary

MUSiC

Cosponsored by



Register



bit.ly/FCPL_MusicForWellBeing

Join Performer CALVIN EARL

for an evening of songs and storytelling designed to bring people together and uplift us all to embrace our shared humanity. Listen and enjoy as Calvin plays the music that defines America, from spirituals to rock 'n' roll and beyond.



Tysons-Pimmit Regional Library

JAN 3 7-8:15 P.M.

City of Fairfax Regional Library

FEB 21 7-8:15 P.M.

Pohick Regional Library

MAR 6 7-8:15 P.M.

Chantilly Regional Library

APR 3 7-8:15 P.M.

Sherwood Regional Library

MAY 8 7-8:15 P.M.

Martha Washington Library

JUN 18 7-8:15 P.M.



Fairfax County Public Library 12000 Government Center Parkway Suite 324 Fairfax, VA 22035 www.fairfaxcounty.gov/library



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To request reasonable ADA accommodations or alternative format of materials, call 703-324-8380 or TTY 711

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