



# SOCIAL INTELLIGENCE

"If you want to lift yourself up, lift someone else up."  
- Booker T. Washington



## WHAT DOES SOCIAL INTELLIGENCE MEAN?

You think about other people's thoughts and feelings.

## WHY DOES THIS MATTER?

If you see a friend who is feeling upset about something, what do you do? Thinking about how your friend feels and how you can help is social intelligence. It can make you a better friend and build trust with others.

