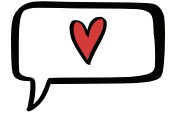





30 FOR 30 ✓ GRATITUDE CHALLENGE

Write down 1-3 things each day that you are grateful for.
Start each day with a grateful heart.



IN EVERYTHING,
GIVE THANKS

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	 <i>A grateful heart is a magnet for miracles. —Prateek</i> 