



OPTIMISM

"If you focus on what you left behind, you will never see what lies ahead." -Gustave, Ratatouille



WHAT DOES OPTIMISM MEAN?

You think the future is bright and work to achieve it.

WHY DOES THIS MATTER?

It is so important to have optimism in your life! When you make mistakes, or things don't go your way, optimism helps you move forward. If you get a bad grade on a spelling test, you can tell yourself, "that's ok, next time I will try a new study strategy and do better!"

