

# Counselor Corner



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## DECEMBER UPDATES FROM THE COUNSELING TEAM

Happy December! We know our students and staff are looking forward to a much needed break soon!

As always, feel free to reach out with any questions, concerns, feedback or if you'd like to schedule a meeting with us - via phone, virtually or in person.

## OUR PROGRAMS

- ✓ Cougar Connectors: student centered support for our new students at Haycock (K-6)
- ✓ Cougar Buddies Student Mentor Program: 6th grade leadership/role models for our K-3 students
- ✓ MentorWorks: Staff Mentor Program for K-6 students
- ✓ Small groups: friendship and social skills building groups for K-6 students

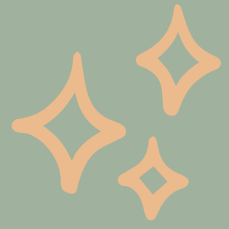
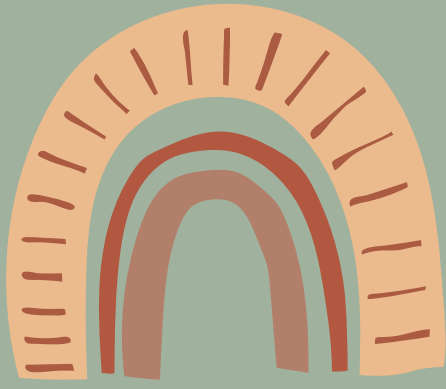
## CLASSROOM LESSON UPDATES FROM NOVEMBER

- ✓ Gratitude & Mindfulness (K & 1st)
- ✓ Conflict Resolution (2nd)
- ✓ Personal Space/Boundaries & Technology Awareness (5th)
- ✓ Leadership/teamwork (3rd)
- ✓ Organization/time management (6th & 4th)

## UPCOMING EVENTS

**Dec. 18 - Jan. 1**  
Winter break - enjoy! :)

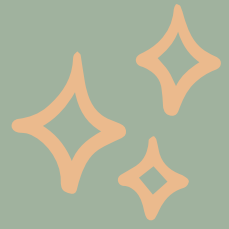
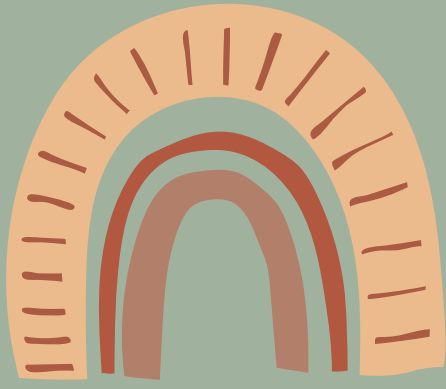




## *Resources*

- FCPS Family Resource Center
- FCPS School Counseling Services
- Mental Health & Crisis Support
- Student Wellness
- Additional Parent Resources





# SEL Screener Questions

- SEL Screener Webpage
- SEL Screener Questions
- Family Guide to SEL Screener Outcomes
- Family Guide: Talking with Your Student about the SEL Screener (updated 09/23).

