



KINDNESS

"You don't need a cape to be a hero. You just need to care."
-Kid President



WHAT DOES KINDNESS MEAN?

You say and do nice things. You are helpful to others and enjoy doing good deeds.

WHY DOES THIS MATTER?

When you do something kind for someone they are inspired to spread kindness too. Next time you see someone who may feel left out, invite them to join you in your game at recess or at your lunch table!

