

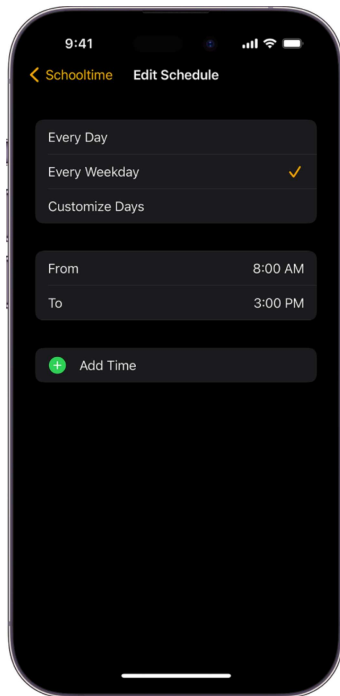
Get started with Schooltime on Apple Watch



Schooltime limits Apple Watch features during school hours, allowing a family member to focus.

Set up Schooltime


1. Open the Apple Watch app on the iPhone used to manage the watch.
2. Tap My Watch, tap Family Watches, then tap a watch.
3. Tap Done, then tap Schooltime.
4. Turn on Schooltime, then tap Edit Schedule.
5. Choose the days and times you want Schooltime to be active on the watch.
6. Tap Add Time if you want to set up multiple schedules during a day—from 8:00 a.m. to noon and then 1:00 p.m. to 3:00 p.m., for example.



Exit Schooltime

Your family member can temporarily exit Schooltime—to check their activity rings, for example.


Tap the display, press and hold the Digital Crown, then tap Exit.

If you exit Schooltime during scheduled hours, the Schooltime watch face returns when you lower your wrist. During non-scheduled hours, Schooltime remains inactive until the next scheduled start time, or until you tap  in Control Center.



See when Schooltime was unlocked

When your family member exits Schooltime, you receive a report that tells you the time they exited and for how long. To see the report, follow these steps:

1. Open the Apple Watch app on the iPhone used to manage the watch.
2. Tap My Watch, tap Family Watches, then tap a watch.
3. Tap Done, then tap Schooltime to see reports for the days, times, and durations Schooltime was unlocked.


The report also appears on the Apple Watch. To see it, open the Settings app  on the Apple Watch, then tap Schooltime.

Schooltime turns on again when the display goes to sleep.

 **Tip:** When Schooltime isn't active, your family member can turn it on—for example, if they've joined an after-school study group that falls outside scheduled hours and don't want to be distracted. Just press the side button, then tap  in Control Center. To exit Schooltime, press and hold the Digital Crown, then tap Exit. Schooltime will turn on again when it's scheduled or turned on in Control Center.

Play music on a managed Apple Watch

If you're part of a Family Sharing group that has an Apple Music family subscription, you can listen to Apple Music on your managed Apple Watch as long as you have a Wi-Fi or cellular connection.

1. Open the Music app  on your managed Apple Watch to go to the Listen Now screen, where you see music chosen for you based on your listening habits. You can also scroll down and tap a playlist created for kids and teens by Apple Music editors.

To play music from your library, tap , then do any of the following.

- Tap Radio to listen to Apple Music Radio and genre stations.
- Tap Library to browse music saved on Apple Watch.
- Tap Search, then type (on supported models only, not available in all languages), dictate, or scribble an artist, album, or playlist.

Note: Scribble is not available in all languages.

2. Use the [music controls in the Music app](#) and [Now Playing app](#) to play and choose music.

To learn how to add or remove music on your Apple Watch, see [Add music](#) and [Remove music](#).