



Empowering Parents and Transforming Teens

Parents learn and practice specific prevention and intervention strategies to help improve their ability to change challenging behaviors.

Learn **how to build a positive relationship with your child and stop the arguing.**

Prevent **or intervene in alcohol and drug use, disruptive behaviors at home and possible gang affiliation.**

Improve **school attendance and academic performance.**

This is a: 10 Week training called **Changing Destructive Adolescent Behavior**

Dates: Tuesdays, 9/12/23-11/14/23 *Class will meet weekly for 10 weeks from 6:00-8:00pm*

Where: 1st and 10th Meeting will be held in person (location to be determined).

Sessions 2-9 will be held virtually.

REGISTER NOW! Please use the portal link or QR code below to register. There is a \$30 Material Fee per family. Scholarships available as needed. **Deadline date for registration is Friday 9/8/23.**

https://docs.google.com/forms/d/e/1FAIpQLSc_ew3dz8J1q7MX-SutLLIji_K09e43vA9oXZPTj4QDMleq4Q/viewform?usp=sf_link

or QR Code:



Please Contact Facilitators: Mary Valad (mary.valad@fcps.edu), Dianne Stansbery (DEStansbery@fcps.edu), or Alissa Green (adgreen@fcps.edu) if you have any questions.